

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



March 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
11:00am Sunday Mass (C) 1:00pm Scrabble (GR) 3:00pm Afternoon Movie Matinee (T)	10:30am Zumba Gold (M) 11:15am Daily Mass (C) 2:00pm Brain Aerobics (GR) 3:00pm Bingo (AL-1FL) 4:00pm Chair Yoga with Murali (M)	10:30am Sit to be Fit (M) 11:15am Daily Mass (C) 2:30pm Mardi Gras Carnival w/ The Beez Band 4:00pm Computer Basics (CR) <i>Mardi Gras</i>	10:30am Stretch & Tone (M) 11:00am Ash Wednesday Mass (C) 2:00pm Vital Core (M) 4:00pm Cocktail Hour (B) <i>Ash Wednesday</i>	10:30am Gentle Balance (M) 11:15am Daily Mass (C) 2:00pm Fitness Training with Olga (F) 7:00pm Euchre Night (GR)	10:30am Build Your Strength (M) 11:15am Daily Mass (C) 2:00pm Sing-Along w/Marianne (AL-2FI) 2:00pm Afternoon Bridge (GR)	10:30am T'ai Chi Chih (M) 11:15am Daily Mass (C) 2:00pm James Levac Music (AL-3FI) 7:00pm Movie Night (T)	
11:00am Sunday Mass (C) 1:00pm Scrabble (GR) 3:00pm Afternoon Movie Matinee (T) 4:00pm Japanese Mass (C) <i>Daylight Saving Time Begins</i>	10:30am Zumba Gold (M) 11:15am Daily Mass (C) 2:00pm Brain Aerobics (GR) 3:00pm Bingo (AL-1FL) 4:00pm Chair Yoga with Murali (M)	10:30am Sit to be Fit (M) 11:15am Daily Mass (C) 4:00pm Computer Basics (CR)	10:30am Stretch & Tone (M) 11:15am Daily Mass (C) 2:00pm Town Hall Meeting (DA) 4:00pm Cocktail Hour (B)	10:30am Gentle Balance (M) 11:15am Daily Mass (C) 2:30pm Birthday Party w/ David Leask (DA) 7:00pm Euchre Night (GR)	10:30am Build Your Strength (M) 11:15am Daily Mass (C) 2:00pm Sing-Along w/Marianne (AL-2FI) 2:00pm Afternoon Bridge (GR) 3:30pm Food is the Focus (M)	10:30am T'ai Chi Chih (M) 11:15am Daily Mass (C) 2:00pm James Levac Music (AL-3FI) 7:00pm Movie Night (T)	
11:00am Sunday Mass (C) 1:00pm Scrabble (GR) 2:30pm St. Patrick's Day Celebration w/ Druid Academy & A Sprig of Rosemary 3:30pm Afternoon Movie Matinee (T) <i>St. Patrick's Day</i>	10:30am Zumba Gold (M) 11:15am Daily Mass (C) 2:00pm Brain Aerobics (GR) 3:00pm Bingo (AL-1FL) 4:00pm Chair Yoga with Murali (M)	10:30am Sit to be Fit (M) 11:15am Daily Mass (C) 4:00pm Computer Basics (CR)	9:30am - 11:00am Creating a New Home & Adapting to this Change PART II (M) 11:15am Daily Mass (C) 2:00pm Vital Core (M) 4:00pm Recreation Monthly Meeting (M) 7:30pm Pub Night with Megacity Swing Band (DA) <i>Spring Begins</i>	10:30am Gentle Balance (M) 11:15am Daily Mass (C) 2:00pm Fitness Training with Olga (F) 7:00pm Euchre Night (GR)	10:30am Build Your Strength (M) 11:15am Daily Mass (C) 2:00pm Sing-Along w/Marianne (AL-2FI) 2:00pm Afternoon Bridge (GR) 4:00pm Lenten Penitential Service (C)	10:30am T'ai Chi Chih (M) 11:15am Daily Mass (C) 2:00pm James Levac Music (AL-3FI) 3:00pm Art Studio with Ashley (CR) 7:00pm Movie Night (T)	
11:00am Sunday Mass (C) 1:00pm Scrabble (GR) 3:00pm Afternoon Movie Matinee (T)	10:30am Zumba Gold (M) 11:15am Daily Mass (C) 2:00pm Brain Aerobics (GR) 3:00pm Bingo (AL-1FL) 4:00pm Chair Yoga with Murali (M)	10:30am Sit to be Fit (M) 11:15am Daily Mass (C) 4:00pm Computer Basics (CR)	10:30am Stretch & Tone (M) 11:15am Daily Mass (C) 2:00pm Vital Core (M) 4:00pm Cocktail Hour (B)	10:30am Gentle Balance (M) 11:15am Daily Mass (C) 2:00pm Fitness Training with Olga (F) 7:00pm Euchre Night (GR)	10:30am Build Your Strength (M) 11:15am Daily Mass (C) 2:00pm Sing-Along w/Marianne (AL-2FI) 2:00pm Afternoon Bridge (GR) 4:30pm Lenten Reflections (C)	10:30am T'ai Chi Chih (M) 11:15am Daily Mass (C) 7:00pm Movie Night (T)	
11:00am Sunday Mass (C) 1:00pm Scrabble (GR) 3:00pm Afternoon Movie Matinee (T)							
	LEGEND: (DA) Dining Area (C) Chapel (T) Theatre (M) Multi-purpose Room (F) Fitness (B) Bistro (GR) Games Room (CR) Craft Room (DK) Demo Kitchen (AL-1FI) Assisted Living 1 st FI (AL-2FI) Assisted Living 2 nd FI (AL-3FI) Assisted Living 3 rd FI						