

March Horoscopes and Birthdays

In astrology, those born March 1–20 are the slippery Fish of Pisces. Selfless Pisces are very wise and empathetic, making them always willing to help others. These deep emotions also make Pisces talented artists and good friends. Those born March 21–31 are Rams of Aries. Like rams, Aries charge forward with courage, confidence, and enthusiasm. They embrace action, take risks, and will fiercely fight for their goals.

Francis McCrea – March 1
 Elaine MacInnes – March 7
 Patricia Kay – March 10
 Michael Kelly – March 11
 Mary Julia LaTour – March 16
 Pat Grant – March 17
 Leo Burns – March 21
 Alphonse De Valk – March 27
 Vince Heffernan – March 27
 George Edwards – March 31

Announcements

Ash Wednesday Mass

Please note that the Mass will start at 11:00am on March 6th. There will be a distribution of ashes during the service.

Lenten Penitential Service

The service is scheduled on Friday, March 22nd at 4:00pm in the Chapel.

Lenten Reflections

Sr. Marie Azzarello (CND) and Sr. Lorie Nuñez of (OLM) have kindly prepared Lenten Reflections that will run on Fridays for three weeks, starting March 29 at 4:30pm.

Resident Interest Survey

For those who have yet to fill out the survey, please obtain a copy from the front desk and return it there once it is completed. Please contact Olga if you need any assistance.

James Levac Music

All residents are welcome to join the sing-along every Saturday at the Assisted Living on the 3rd floor at 2:00pm.

Food is the Focus

Please join Thomas Atkin, registered dietician from Marquise Hospitality – Compass Canada, for a conversation regarding presentation manner menu choices selection ingredients diet's and to answer any questions you may have. March 15th at 3:30pm.

T'ai Chi Chih

Please join us every Saturday at 10:30am in the Multi-purpose Room. T'ai Chi Chih is a series of 20 gentle movements done standing or seated. There are many health benefits including improved balance and coordination.

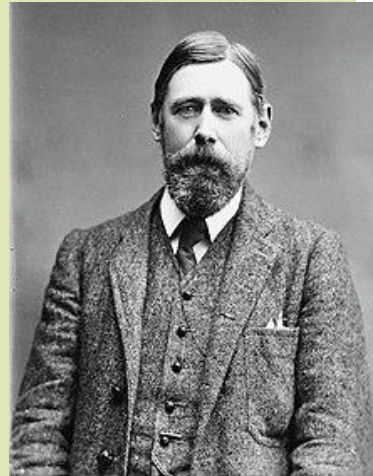
Art Studio with Ashley

Express your inner artist at Presentation Manor. Artists of all skill levels are welcome! March 9th & 23rd at 3:00pm.

Notable Quotable

“The list of Irish saints is past counting; but in it all no other figure is so human, friendly, and lovable as St. Patrick.”

~ Stephen Gwynn, Irish writer and politician



Presentation Manor

March 2019



Celebrating March

Mardi Gras Carnival with The Beez Band
 March 5 @
 2:30pm

Art studio with Ashley
 March 9 & 23

Town Hall Meeting
 March 13 @
 2:00pm

Birthday Party with David Leask
 March 14 @
 2:30pm

St. Patrick's Day Celebration
 March 17 @
 2:00pm

Pub Night with Megacity Swing Band
 March 20 @
 7:30pm

Religious Roots to Raucous Parties

As March arrives, many look forward to the rollicking holidays of St. Patrick's Day and Mardi Gras. Yet both of these holidays are more modern American inventions than age-old religious traditions.

St. Patrick's Day, as a religious celebration, has a lengthy history. It dates back to the mid-17th century and was initiated to honor Saint Patrick and his work to bring Christianity to Ireland. The Feast of St. Patrick was held each year on the date of his supposed death, on March 17, 461 AD. The observance of the date was a solemn occasion, mostly involving quiet prayer. As recently as the 1970s, pubs were closed in Ireland on St. Patrick's Day. The rollicking revelry typically associated with the day was decidedly un-Irish and an American invention. During the Irish Famine of 1845–1850, many Irish immigrated to America, where they were not welcome. As the Irish community in America grew and prospered, they began to celebrate both their Irish-ness and their newfound American-ness. Corned beef, shamrocks, and leprechauns were never part of true Irish St. Paddy's Day celebrations, but they were integrated into Irish-American identity and so became celebrated symbols of St. Patrick's Day. The American version of St. Patrick's Day is so strong that many Irish-American traditions have even returned to Ireland.

Mardi Gras, like St. Paddy's Day, originated as a solemn religious holiday. As the day before the start of the ritual fasting of Lent, it was an opportunity to indulge in sweet, fatty foods, giving rise to the name "Fat Tuesday." Over the centuries, these small indulgences led to greater hedonism, practices that were heavily discouraged by the Church. The elaborate Mardi Gras celebrations held in New Orleans emerged in 1857 when a group of men created a secret society called the Mistick Krewe of Comus. They held a lavish ball and parade, setting the secular foundations for many wild Mardi Gras to come.



Welcoming New Residents

Presentation Manor extends a warm welcome to our newest residents:

Sophie Pollak
Alphonse Becker
Margart Jackson

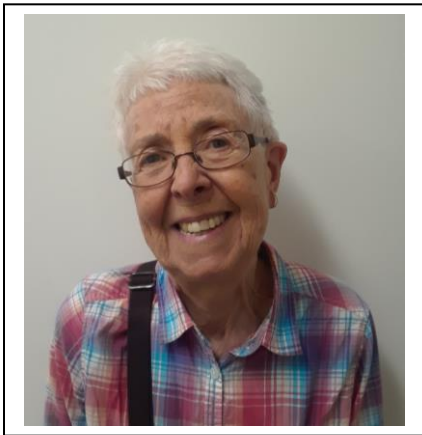


It's Time to Spring Forward!

Daylight Saving Time Begins Sunday,
March 10 at 2:00am.

Don't forget to turn your clocks ahead
one hour before you go to sleep.

Resident Council Commettee



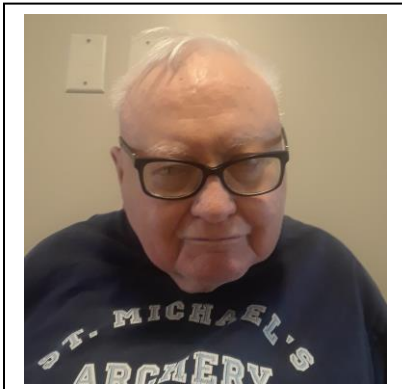
Ellen Herie



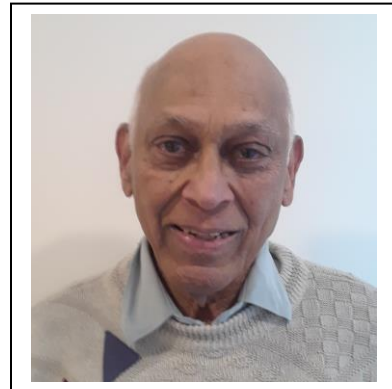
Sr. Marilyn von Zuben



Henry Simmons



Fr. Leo Burns



Anthony Saldanha



Fr. Bill Irwin

Welcoming New Member



We are pleased to introduce Sarah Doucet as our new Director of Community Relations. Sarah comes to us with over 8 years of helping families find new home for their loved one.

When Sarah is not working she is a mother of three children, Taylor, Bianca and Julien and a wife to Hugo.

Sarah grew up in Brampton and attended Holy Name of Mary Catholic School.

She has three standard poodles, and breeds champion poodles and bernedoodles.

Her door is always open. Sarah would love to have a chat and the opportunity to get to know you.

February Highlights

