

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



June 2019

Presentation Manor Assisted Living Recreation Calendar

							<p>10:00 Wu Dang Tai Chi (M)</p> <p>11:15 Daily Mass (C)</p> <p>2:00 Music with James Levac (AL-F3)</p> <p>2:30 Mindful Yoga with Marianna (F)</p> <p>7:00 Movie Night (T)</p>
<p>2</p> <p>11:00 Daily Mass (C)</p> <p>1:00 Scrabble (GR)</p> <p>2:00 Creative Art and Crafts with Kristin (AL-F1)</p> <p>3:00 Afternoon Movie Matinée (T)</p>	<p>3</p> <p>10:30 Zumba Gold (M)</p> <p>11:15 Daily Mass (C)</p> <p>2:30 Ted Talks: How Language Shapes Us (T)</p> <p>3:00 Bingo (AL-F1)</p> <p>3:30 Aquafit (P)</p>	<p>4</p> <p>10:15 Chair Yoga with Murali (M)</p> <p>11:15 Daily Mass (C)</p> <p>2:30 Gentle Balance (AL-F1)</p> <p>3:30 Mindful Gardening (AL-F2)</p>	<p>5</p> <p>10:30 Balance (M)</p> <p>11:15 Daily Mass (C)</p> <p>2:30 Word Association (AL-F1)</p> <p>3:30 Cocktail Hour (B)</p> <p>7:00 Night at the Opera (T)</p>	<p>6</p> <p>10:30 Stretch and Tone (M)</p> <p>11:15 Daily Mass (C)</p> <p>1:30 Shopping Trip (O)</p> <p>2:30 Gently Balance (AL-F1)</p> <p>2:30 Birthday Party with Three Generations Band (DA)</p> <p>7:00 Euchre Night (GR)</p>	<p>7</p> <p>10:30 Build Your Strength (M)</p> <p>11:15 Daily Mass (C)</p> <p>2:30 Opera Choruses Lecture (T)</p> <p>3:00 Brain Puzzles (AL-F1)</p> <p>3:30 Aquafit (P)</p>	<p>8</p> <p>10:00 Wu Dang Tai Chi (M)</p> <p>11:15 Daily Mass (C)</p> <p>2:00 Music with James Levac (AL-F3)</p> <p>2:30 Mindful Yoga with Marianna (F)</p> <p>7:00 Movie Night (T)</p>	
<p>9</p> <p>11:00 Daily Mass (C)</p> <p>1:00 Scrabble (GR)</p> <p>2:00 Creative Art and Crafts with Kristin (AL-F1)</p> <p>3:00 Afternoon Movie Matinée (T)</p> <p><small>Shavuot</small></p>	<p>10</p> <p>10:30 Zumba Gold (M)</p> <p>11:15 Daily Mass (C)</p> <p>1:30 Shopping Trip (O)</p> <p>3:00 Bingo (AL-F1)</p> <p>3:30 Aquafit (P)</p>	<p>11</p> <p>10:15 Chair Yoga with Murali (M)</p> <p>11:15 Daily Mass (C)</p> <p>2:30 Gentle Balance (AL-F1)</p> <p>3:30 Mindful Gardening (AL-F2)</p>	<p>12</p> <p>10:30 Balance (M)</p> <p>11:15 Daily Mass (C)</p> <p>3:00 Scrabble (AL-F3)</p> <p>4:00 Activities Meeting (M)</p> <p>7:30 Big Band Night (DA)</p>	<p>13</p> <p>10:30 Stretch and Tone (M)</p> <p>11:15 Daily Mass (C)</p> <p>1:30 Shopping Trip (O)</p> <p>2:30 Gently Balance (AL-F1)</p> <p>3:30 Physio Fitness (M)</p> <p>7:00 Euchre Night (GR)</p>	<p>14</p> <p>10:30 Build Your Strength (M)</p> <p>11:15 Daily Mass (C)</p> <p>2:00 Sing A Long with Marianne (AL-F2)</p> <p>3:00 Ice Cream Floats Social (B)</p> <p>3:30 Aquafit (P)</p> <p><small>Flag Day (US)</small></p>	<p>15</p> <p>10:00 Wu Dang Tai Chi (M)</p> <p>11:15 Daily Mass (C)</p> <p>2:00 Music with James Levac (AL-F3)</p> <p>2:30 Mindful Yoga with Marianna (F)</p> <p>7:00 Movie Night (T)</p>	
<p>16</p> <p>11:00 Daily Mass (C)</p> <p>1:00 Scrabble (GR)</p> <p>2:00 Creative Art and Crafts with Kristin (AL-F1)</p> <p>5:30 Father's Day Steak Dinner (DA)</p> <p><small>Father's Day</small></p>	<p>17</p> <p>10:30 Zumba Gold (M)</p> <p>11:15 Daily Mass (C)</p> <p>1:30 Shopping Trip (O)</p> <p>3:00 Bingo (AL-F1)</p> <p>3:30 Aquafit (P)</p>	<p>18</p> <p>10:15 Chair Yoga with Murali (M)</p> <p>11:15 Daily Mass (C)</p> <p>2:30 Gentle Balance (AL-F1)</p> <p>3:30 Gardening (AL-F2)</p>	<p>19</p> <p>10:30 Balance (M)</p> <p>11:15 Daily Mass (C)</p> <p>2:00 Town Hall Meeting (DA)</p> <p>3:30 Cocktail Hour (B)</p> <p>7:00 Planet Earth (T)</p>	<p>20</p> <p>10:30 Stretch and Tone (M)</p> <p>11:15 Daily Mass (C)</p> <p>1:30 Hawaiian Luau Open House (DA)</p> <p>2:30 Gently Balance (AL-F1)</p> <p>4:00 Resident Committee Meeting (M)</p> <p>7:00 Euchre Night (GR)</p>	<p>21</p> <p>10:30 Build Your Strength (M)</p> <p>11:15 Daily Mass (C)</p> <p>2:30 Celebrity Spotlight: Ingrid Bergman (T)</p> <p>3:00 Brain Puzzles (AL-F1)</p> <p>3:30 Aquafit (P)</p> <p><small>Summer Begins</small></p>	<p>22</p> <p>10:00 Wu Dang Tai Chi (M)</p> <p>11:15 Daily Mass (C)</p> <p>2:00 Music with James Levac (AL-F3)</p> <p>2:30 Mindful Yoga with Marianna (F)</p> <p>7:00 Movie Night (T)</p>	
<p>23</p> <p>11:00 Daily Mass (C)</p> <p>1:00 Scrabble (GR)</p> <p>2:00 Creative Art and Crafts with Kristin (AL-F1)</p> <p>3:00 Afternoon Movie Matinée (T)</p>	<p>24</p> <p>10:30 Zumba Gold (M)</p> <p>11:15 Daily Mass (C)</p> <p>1:30 Shopping Trip (O)</p> <p>3:00 Bingo (AL-F1)</p> <p>3:30 Aquafit (P)</p>	<p>25</p> <p>10:15 Chair Yoga with Murali (M)</p> <p>11:15 Daily Mass (C)</p> <p>2:30 Queen Victoria by Dr. Gordon Bannerman (T)</p> <p>2:30 Gentle Balance (AL-F1)</p> <p>3:30 Gardening (AL-F2)</p>	<p>26</p> <p>10:30 Balance (M)</p> <p>11:15 Daily Mass (C)</p> <p>2:30 Word Association (AL-F1)</p> <p>3:30 Cocktail Hour (B)</p> <p>7:00 CBC Docs (T)</p>	<p>27</p> <p>10:30 Build Your Strength (M)</p> <p>11:15 Daily Mass (C)</p> <p>2:00 Afternoon Bridge (GR)</p> <p>2:30 Gently Balance (AL-F1)</p> <p>4:00 Aquafit (P)</p>	<p>28</p> <p>10:30 Build Your Strength (M)</p> <p>11:15 Daily Mass (C)</p> <p>2:00 Sing A Long with Marianne (AL-F2)</p> <p>3:00 Queen's Plate Social (B)</p> <p>3:30 Aquafit (P)</p>	<p>29</p> <p>10:00 Wu Dang Tai Chi (M)</p> <p>11:15 Daily Mass (C)</p> <p>2:00 Music with James Levac (AL-F3)</p> <p>2:30 Mindful Yoga with Marianna (F)</p> <p>7:00 Movie Night (T)</p>	
<p>30</p> <p>11:00 Daily Mass (C)</p> <p>1:00 Scrabble (GR)</p> <p>2:00 Creative Art and Crafts with Kristin (AL-F1)</p> <p>3:00 Afternoon Movie Matinée (T)</p>	<p>LEGEND</p> <p>Assisted Living Floor 1- (AL-F1) Dining Area- (DA) Theatre- (T)</p> <p>Assisted Living Floor 2- (AL-F2) Fitness Room- (F) Treatment Room- Assisted Living Floor 1 (TR)</p> <p>Assisted Living Floor 3 (AL-F3) Games Room- (GR)</p> <p>Chapel- (C) Multi-purpose Room (M)</p> <p>Craft Room- (CR) Outing- (O)</p> <p>Demo Kitchen- (DK) Pool- (P)</p>						