

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:00 Sunday Mass 1:00 Scrabble (GR) 2:00 Art Class with Dira (AL-F3) 2:30 Tribute to Elvis Christmas Show (DA) 7:00 Movie Night (T)	10:30 Balance Class (M) 11:15 Daily Mass (C) 1:30 Tree Decorating (AL-F3) 2:00 Ice Cream Bar (B) 2:00 Sing Along with Seville (AL-F2) 3:00 Brain Games (AL-F3) 4:00 Afternoon Tea (AL-F3)	11:15 Daily Mass (C) 1:30 Shopping Trip (O) 2:00 Walking Poles Presentation by Carole and John Fowles (M) 2:30 Gentle Balance (AL-F1) 4:00 Tech Help (GR) 7:00 Centering Prayer (C)	10:00 Medical Tai Chi (M) 11:15 Daily Mass (C) 2:00 Knitting Group (L) 2:00 Sing Along with James Levac (AL-F3) 3:00 Cocktails and Trivia (B) 7:00 Night at the Opera: L'Elisir d'Amore (T)	10:30 Stretch and Tone (M) 11:15 Daily Mass (C) 1:30 Shopping Trip (O) 2:00 Aquafit (P) 2:30 Resident Safety Tour 2:30 Gentle Balance (AL-F1) 7:00 Euchre Night (GR) 7:00 Tribute Big Band Rehearsals (M)	10:00 Mindful Yoga with Mariana (DA) 11:15 Daily Mass (C) 2:00 Aesthetics: The Philosophy of Art by Dr. Chandross (T) 2:00 Sing Along with Marianne (AL-F2) 2:00 Bingo (AL-F1)	10:00 Wu-Dang Tai Chi (M) 11:15 Daily Mass (C) 2:00 Christmas Concert by St. Maria Goretti Choir (DA) 3:00 Crafts with Kristin (AL-F3) 7:00 Movie Night (T)
11:00 Sunday Mass 1:00 Scrabble (GR) 2:00 Christmas Caroling in Assisted Living (AL) 3:00 Afternoon Movie Matinée (T)	Funky Holiday Sweater Day 10:30 Balance Class (M) 11:15 Daily Mass (C) 2:00 Ice Cream Bar (B) 2:00 Sing Along with Seville (AL-F2) 3:00 Brain Games (AL-F3) 4:00 Afternoon Tea (AL-F3)	11:15 Daily Mass (C) 1:30 Shopping Trip (O) 2:00 Senior Fraud Prevention by Sgt. Bob (T) 3:30 Physio Fitness (M) 4:00 Tech Help (GR) 7:00 Centering Prayer (C)	10:00 Medical Tai Chi (M) 11:15 Daily Mass (C) 2:00 Knitting Group (L) 2:00 Sing Along with James Levac (AL-F3) 3:00 Celebrity Spotlight: John Wayne (T) 7:00 Cocktail Lounge with Danny's 11 (DA)	10:30 Stretch and Tone (M) 11:15 Daily Mass (C) 1:30 Shopping Trip (O) 2:00 Christmas Concert by Toronto Choristers (DA) 2:00 Aquafit (P) 2:30 Gentle Balance (AL-F1) 7:00 Euchre Night (GR) 7:00 Tribute Big Band	10:00 Mindful Yoga with Mariana (DA) 11:15 Daily Mass (C) 2:00 Bingo (AL-F1) 2:00 Make Your Own Gingerbread House (AL-F3) 7:00 Movie and Popcorn Night (AL)	10:00 Wu-Dang Tai Chi (M) 11:15 Daily Mass (C) 3:00 Crafts with Kristin (AL-F3) 7:00 Movie Night (T)
11:00 Sunday Mass 1:00 Scrabble (GR) 2:00 Art Class with Dira (AL-F3) 3:00 Holiday Movie Week: A Charlie Brown Christmas (T)	10:30 Balance Class (M) 11:15 Daily Mass (C) 2:00 Ice Cream Bar (B) 2:00 Sing Along with Seville (AL-F2) 3:00 Brain Games (AL-F3) 4:00 Afternoon Tea (AL-F3) 7:00 Holiday Movie Week: A Christmas Story (T)	10:15 Chair Yoga with Paul (M) 11:15 Daily Mass (C) 1:30 Shopping Trip (O) 2:30 Gentle Balance (AL-F1) 4:00 Tech Help (GR) 5:00 Christmas Gala (DA) 7:30 Holiday Movie Week: Home Alone (T)	10:00 Medical Tai Chi (M) 11:15 Daily Mass (C) 2:00 Knitting Group (L) 2:00 Town Hall (DA) 2:00 Sing Along with James Levac (AL-F3) 3:00 Cocktails and Trivia (B) 7:00 Holiday Movie Week: Miracle on 34th Street (T)	10:30 Stretch and Tone (M) 11:15 Daily Mass (C) 1:30 Shopping Trip (O) 2:00 Aquafit (P) 2:30 Gentle Balance (AL-F1) 7:00 Euchre Night (GR) 7:30 Christmas Concert by The Big Tribute Band (DA)	10:30 Build Your Strength 11:15 Daily Mass (C) 2:00 G.F.Handel: Messiah, by Joseph Sharon (T) 2:00 Bingo (AL-F1) 7:00 Holiday Movie Week: It's A Wonderful Life (T)	10:00 Wu-Dang Tai Chi (M) 11:15 Daily Mass (C) 3:00 Crafts with Kristin (AL-F3) 7:00 Holiday Movie Week: Meet Me in St. Louis (T)
11:00 Sunday Mass 1:00 Scrabble (GR) 2:00 Art Class with Dira (AL-F3) 3:00 Afternoon Movie Matinée (T)	10:30 Balance Class (M) 11:15 Daily Mass (C) 2:00 Ice Cream Bar (B) 2:00 Sing Along with Seville (AL-F2) 3:00 Brain Games (AL-F3) 4:00 Afternoon Tea (AL-F3)	10:15 Chair Yoga with Paul (M) 7:30 Christmas Eve Mass (C) 8:30 Wine and Cheese Christmas Social (M)	11:00 Christmas Day Mass (C) 12:00 Christmas Lunch (DA)	10:30 Stretch and Tone With Olga (M) 11:15 Daily Mass (C) 1:30 Shopping Trip (O) 2:00 Aquafit (P) 7:00 Euchre Night (GR)	11:15 Daily Mass (C) 2:00 Bingo (AL-F1) 3:00 Afternoon Tea (B) 7:00 Movie and Popcorn Night (AL)	10:00 Wu-Dang Tai Chi (M) 11:15 Daily Mass (C) 3:00 Crafts with Kristin (AL-F3) 7:00 Movie Night (T)
11:00 Sunday Mass 1:00 Scrabble (GR) 2:00 Art Class with Dira (AL-F3) 3:00 Afternoon Movie Matinée (T)	10:30 Balance Class (M) 11:15 Daily Mass (C) 2:00 Ice Cream Bar (B) 2:00 Sing Along with Seville (AL-F2) 3:00 Brain Games (AL-F3) 4:00 Afternoon Tea (AL-F3)	10:15 Chair Yoga with Paul (M) 11:15 New Year's Eve Mass (C) 1:30 Shopping Trip (O) 2:00 New Year's Celebration 4:00 Tech Help (GR)				



Christmas

Kwanzaa Begins

Winter Begins

New Year's Eve



December 2019 Assisted Living Calendar

Assisted Living- (AL-F) Bistro- (B) Chapel- (C) Dining Area- (DA) Demo Kitchen- (DK) Fitness Room- (F) Games Room- (GR) Library- (L) Multipurpose Room- (M) Outing- (O) Pool- (P) Theatre- (T)