

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:00 Sunday Mass 1:00 Scrabble (GR) 2:00 Art Class with Dira (AL-F3) 2:30 <b>Tribute to Elvis Christmas Show (DA)</b> 7:00 Movie Night (T)	10:30 Balance Class (M) 11:15 Daily Mass (C) 2:00 Ice Cream Bar (B) 3:00 Brain Aerobics (GR) 4:00 Fitness Training with Bremen (F)	11:15 Daily Mass (C) 1:30 Shopping Trip (O) <b>2:00 Walking Poles Presentation by Carole and John Fowles (M)</b> 3:30 Physio Fitness (M) 4:00 Tech Help (GR) 7:00 Centering Prayer (C)	10:00 Medical Tai Chi (M) 11:15 Daily Mass (C) 2:00 Knitting Group (L) 2:00 Sing Along with James Levac (AL-F3) 3:00 Cocktails and Trivia (B) 7:00 <b>Night at the Opera: L'Elisir d'Amore (T)</b>	10:30 Stretch and Tone (M) 11:15 Daily Mass (C) 1:30 Shopping Trip (O) 2:00 Aquafit (P) 2:30 Resident Safety Tour 3:30 Physio Fitness (M) 7:00 Euchre Night (GR) 7:00 Tribute Big Band Rehearsals (M)	10:00 Mindful Yoga with Mariana (DA) 11:15 Daily Mass (C) <b>2:00 Aesthetics: The Philosophy of Art by Dr. Chandross (T)</b> 2:00 Bingo (AL-F1) 3:00 Afternoon Tea (B) 4:00 Fitness Training with Bremen (F)	10:00 Wu-Dang Tai Chi (M) 11:15 Daily Mass (C) <b>2:00 Christmas Concert by St. Maria Goretti Choir (DA)</b> 3:00 Crafts with Kristin (AL-F3) 7:00 Movie Night (T)  <b>Christmas Bazaar (GR)</b>
11:00 Sunday Mass 1:00 Scrabble (GR) <b>2:00 Christmas Caroling in Assisted Living (AL)</b> 3:00 Afternoon Movie Matinée (T)  <b>Christmas Bazaar (GR)</b>	<b>Funky Holiday Sweater Day</b> 10:30 Balance Class (M) 11:15 Daily Mass (C) 2:00 Ice Cream Bar (B) 3:00 Brain Aerobics (GR) 4:00 Fitness Training with Bremen (F)	11:15 Daily Mass (C) 1:30 Shopping Trip (O) <b>2:00 Senior Fraud Prevention by Sgt. Bob (T)</b> 3:30 Physio Fitness (M) 4:00 Tech Help (GR) 7:00 Centering Prayer (C)	10:00 Medical Tai Chi (M) 11:15 Daily Mass (C) 2:00 Knitting Group (L) 2:00 Sing Along with James Levac (AL-F3) <b>3:00 Celebrity Spotlight: John Wayne (T)</b> <b>7:00 Cocktail Lounge with Danny's 11 (DA)</b>	10:30 Stretch and Tone (M) 11:15 Daily Mass (C) 1:30 Shopping Trip (O) <b>2:00 Christmas Concert by Toronto Choristers (DA)</b> 2:00 Aquafit (P) 3:30 Physio Fitness (M) 7:00 Euchre Night (GR) 7:00 Tribute Big Band Rehearsals (M)	10:00 Mindful Yoga with Mariana (DA) 11:15 Daily Mass (C) 2:00 Bingo (AL-F1) <b>2:00 Aroma Therapy with Sofia (GR)</b> 3:00 Afternoon Tea (B) 4:00 Fitness Training with Bremen (F)	10:00 Wu-Dang Tai Chi (M) 11:15 Daily Mass (C) 3:00 Crafts with Kristin (AL-F3) 7:00 Movie Night (T)
11:00 Sunday Mass 1:00 Scrabble (GR) 2:00 Art Class with Dira (AL-F3) <b>3:00 Holiday Movie Week: A Charlie Brown Christmas (T)</b>	10:30 Balance Class (M) 11:15 Daily Mass (C) 2:30 <b>Birthday Party with Mike and Darlene (DA)</b> 4:00 Fitness Training with Bremen (F) <b>7:00 Holiday Movie Week: A Christmas Story (T)</b>	10:15 Chair Yoga with Paul (M) 11:15 Daily Mass (C) 1:30 Shopping Trip (O) 3:30 Physio Fitness (M) 4:00 Tech Help (GR) <b>5:00 Christmas Gala (DA)</b> <b>7:30 Holiday Movie Week: Home Alone (T)</b>	10:00 Medical Tai Chi (M) 11:15 Daily Mass (C) 2:00 Knitting Group (L) 2:00 Town Hall (DA) 2:00 Sing Along with James Levac (AL-F3) 3:00 Cocktails and Trivia (B) <b>7:00 Holiday Movie Week: Miracle on 34<sup>th</sup> Street (T)</b>	10:30 Stretch and Tone (M) 11:15 Daily Mass (C) 1:30 Shopping Trip (O) 2:00 Aquafit (P) 3:30 Physio Fitness (M) 7:00 Euchre Night (GR) <b>7:30 Christmas Concert by The Big Tribute Band (DA)</b>	10:30 Build Your Strength 11:15 Daily Mass (C) <b>2:00 G.F.Handel: Messiah, by Joseph Sharon (T)</b> 2:00 Bingo (AL-F1) 3:00 Afternoon Tea (B) 4:00 Fitness Training with Bremen (F) <b>7:00 Holiday Movie Week: It's A Wonderful Life (T)</b>	10:00 Wu-Dang Tai Chi (M) 11:15 Daily Mass (C) 3:00 Crafts with Kristin (AL-F3) <b>7:00 Holiday Movie Week: Meet Me in St. Louis (T)</b>
11:00 Sunday Mass 1:00 Scrabble (GR) 2:00 Art Class with Dira (AL-F3) 3:00 Afternoon Movie Matinée (T)	10:30 Balance Class (M) 11:15 Daily Mass (C) 2:00 Ice Cream Bar (B) 3:00 Brain Aerobics (GR) 4:00 Fitness Training with Bremen (F)  <small>First Day of Hanukkah</small>	10:15 Chair Yoga with Paul (M) <b>7:30 Christmas Eve Mass (C)</b> <b>8:30 Wine and Cheese Christmas Social (M)</b>	<b>11:00 Christmas Day Mass (C)</b> <b>12:00 Christmas Lunch (DA)</b>    <small>Christmas</small>	10:30 Stretch and Tone With Olga (M) 11:15 Daily Mass (C) 1:30 Shopping Trip (O) 2:00 Aquafit (P) 7:00 Euchre Night (GR)  <small>Kwanzaa Begins</small>	11:15 Daily Mass (C) 2:00 Bingo (AL-F1) 3:00 Afternoon Tea (B)	10:00 Wu-Dang Tai Chi (M) 11:15 Daily Mass (C) 3:00 Crafts with Kristin (AL-F3) 7:00 Movie Night (T)  <small>Winter Begins</small>
11:00 Sunday Mass 1:00 Scrabble (GR) 2:00 Art Class with Dira (AL-F3) 3:00 Afternoon Movie Matinée (T)	10:30 Balance Class (M) 11:15 Daily Mass (C) 2:00 Ice Cream Bar (B) 3:00 Brain Aerobics (GR) 4:00 Fitness Training with Bremen (F)	10:15 Chair Yoga with Paul (M) 11:15 New Year's Eve Mass (C) 1:30 Shopping Trip (O) 2:00 New Year's Celebration (DA)  <small>New Year's Eve</small>				
<h1 style="text-align: center;">December 2019 Recreation Calendar</h1>						

Assisted Living- (AL-F) Bistro- (B) Chapel- (C) Dining Area- (DA) Demo Kitchen- (DK) Fitness Room- (F) Games Room- (GR) Library- (L) Multipurpose Room- (M) Outing- (O) Pool- (P) Theatre- (T)