

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2020

Reflections Calendar

<p>10:00 Morning Moves (L) 11:00 Morning Mass (C) 1:00 – 2:00 Quiet Time 2:30 Energy Exercise (DR) 3:30 Brain Aerobics (CT) 4:30 Reminiscing (L) 6:30 Soothing Exercise(DR)</p> <p style="text-align: right;">2</p> <p style="text-align: center;"><small>Groundhog Day</small></p>	<p>10:00 Morning Moves (L) 11:00 Puzzles (CT) 11:15 Morning Mass (C) 1:00 – 2:00 Quiet Time 2:30 Energy Exercise (DR) 3:30 Brain Aerobics (CT) 4:30 No Bake Recipes (DR) 6:30 Soothing Exercises (L)</p> <p style="text-align: right;">3</p>	<p>10:00 Morning Moves (L) 11:00 Word Games (L) 11:15 Morning Mass (C) 1:00 – 2:00 Quiet Time 2:00 Arts and Crafts with Kristin (CT) 4:00 Hot Potato (L) 6:30 Soothing Exercise (L)</p> <p style="text-align: right;">4</p>	<p>10:00 Morning Moves (L) 11:00 Painting (CT) 11:15 Morning Mass (C) 1:00 – 2:00 Quiet Time 2:30 Energy Exercise (DR) 3:30 Hand Massage 4:00 Brain Aerobics (CT) 6:30 Soothing Exercise (L)</p> <p style="text-align: right;">5</p>	<p>10:00 Morning Moves (L) 11:00 Montessori (CT) 11:15 Morning Mass (C) 1:00 – 2:00 Quiet Time 2:30 Energy Exercise (DR) 3:30 Bingo (L) 4:30 Wine Social (DR) 6:30 Soothing Exercise (L)</p> <p style="text-align: right;">6</p>	<p>10:00 Morning Moves (L) 11:00 11:15 Morning Mass (C) 1:00 – 2:00 Quiet Time 2:30 Energy Exercise (DR) 3:30 Montessori (L) 4:30 What's in the Box (L) 6:30 Soothing Exercise (L) 7:30 Movie Night (L)</p> <p style="text-align: right;">7</p> <p style="text-align: center;"><small>Valentine's Day</small></p>	<p>10:00 Morning Moves (L) 11:15 Morning Mass (C) 1:00 – 2:00 Quiet Time 2:30 Brain Aerobics (L) 4:00 Sing Along with Allen Charney (L) 6:30 Soothing Exercise (L)</p> <p style="text-align: right;">1</p>
<p>10:00 Morning Moves (L) 11:00 Morning Mass (C) 1:00 – 2:00 Quiet Time 2:30 Energy Exercise (DR) 3:30 Brain Aerobics (CT) 4:30 Reminiscing (L) 6:30 Soothing Exercise(DR)</p> <p style="text-align: right;">9</p>	<p>10:00 Morning Moves (L) 11:00 Puzzles (CT) 11:15 Morning Mass (C) 1:00 – 2:00 Quiet Time 2:30 Energy Exercise (DR) 3:30 Brain Aerobics (CT) 4:30 No Bake Recipes (DR) 6:30 Soothing Exercises (L)</p> <p style="text-align: right;">10</p>	<p>10:00 Morning Moves (L) 11:00 Word Games (L) 11:15 Morning Mass (C) 1:00 – 2:00 Quiet Time 2:00 Arts and Crafts with Kristin (CT) 4:00 Hot Potato (L) 6:30 Soothing Exercise (L)</p> <p style="text-align: right;">11</p>	<p>10:00 Morning Moves (L) 11:15 Morning Mass (C) 1:00 – 2:00 Quiet Time 2:30 Energy Exercise (DR) 3:30 Hand Massage 4:00 Brain Aerobics (CT) 6:30 Soothing Exercise (L)</p> <p style="text-align: right;">12</p>	<p>10:00 Morning Moves (L) 11:15 Morning Mass (C) 1:00 – 2:00 Quiet Time 2:30 Energy Exercise (DR) 3:30 Bingo (L) 4:30 Wine Social (DR) 6:30 Soothing Exercise (L)</p> <p style="text-align: right;">13</p>	<p>10:00 Morning Moves (L) 11:15 Morning Mass (C) 1:00 – 2:00 Quiet Time 2:30 Energy Exercise (DR) 3:30 Montessori (L) 4:30 What's in the Box (L) 6:30 Soothing Exercise (L) 7:30 Movie Night (L)</p> <p style="text-align: right;">14</p>	<p>10:00 Morning Moves (L) 11:15 Morning Mass (C) 1:00 – 2:00 Quiet Time 2:30 Brain Aerobics (L) 4:00 Sing Along with Allen Charney (L) 6:30 Soothing Exercise (L)</p> <p style="text-align: right;">15</p>
<p>10:00 Morning Moves (L) 11:00 Morning Mass (C) 1:00 – 2:00 Quiet Time 2:30 Energy Exercise (DR) 3:30 Brain Aerobics (CT) 4:30 Reminiscing (L) 6:30 Soothing Exercise(DR)</p> <p style="text-align: right;">16</p>	<p>10:00 Morning Moves (L) 11:15 Morning Mass (C) 1:00 – 2:00 Quiet Time 2:30 Energy Exercise (DR) 3:30 Brain Aerobics (CT) 6:30 Soothing Exercises (L) 7:30 Family Day Concert By The Community Band (DA)</p> <p style="text-align: right;">17</p> <p style="text-align: center;"><small>Presidents' Day (US)</small></p>	<p>10:00 Morning Moves (L) 11:00 Word Games (L) 11:15 Morning Mass (C) 1:00 – 2:00 Quiet Time 2:00 Arts and Crafts with Kristin (CT) 4:00 Hot Potato (L) 6:30 Soothing Exercise (L)</p> <p style="text-align: right;">18</p> <p style="text-align: center;">Hearing Clinic</p>	<p>10:00 Morning Moves (L) 11:15 Morning Mass (C) 1:00 – 2:00 Quiet Time 2:00 Carmita's Birthday Party (L) 4:00 Hand Massage (L) 6:30 Soothing Exercise (L)</p> <p style="text-align: right;">19</p>	<p>10:00 Morning Moves (L) 11:15 Morning Mass (C) 1:00 – 2:00 Quiet Time 2:30 Energy Exercise (DR) 3:30 Bingo (L) 4:30 Wine Social (DR) 6:30 Soothing Exercise (L)</p> <p style="text-align: right;">20</p>	<p>10:00 Morning Moves (L) 11:15 Morning Mass (C) 1:00 – 2:00 Quiet Time 2:30 Energy Exercise (DR) 3:30 Montessori (L) 4:30 What's in the Box (L) 6:30 Soothing Exercise (L) 7:30 Movie Night (L)</p> <p style="text-align: right;">21</p>	<p>10:00 Morning Moves (L) 11:15 Morning Mass (C) 1:00 – 2:00 Quiet Time 2:30 Brain Aerobics (L) 4:00 Sing Along with Allen Charney (L) 6:30 Soothing Exercise (L)</p> <p style="text-align: right;">22</p>
<p>10:00 Morning Moves (L) 11:00 Morning Mass (C) 1:00 – 2:00 Quiet Time 2:30 Energy Exercise (DR) 3:30 Brain Aerobics (CT) 4:30 Reminiscing (L) 6:30 Soothing Exercise(DR)</p> <p style="text-align: right;">23</p>	<p>10:00 Morning Moves (L) 11:00 Puzzles (CT) 11:15 Morning Mass (C) 1:00 – 2:00 Quiet Time 2:30 Energy Exercise (DR) 3:30 Brain Aerobics (CT) 4:30 No Bake Recipes (DR) 6:30 Soothing Exercises (L)</p> <p style="text-align: right;">24</p>	<p>10:00 Morning Moves (L) 11:00 Word Games (L) 11:15 Morning Mass (C) 1:00 – 2:00 Quiet Time 2:00 Arts and Crafts with Kristin (CT) 4:00 Hot Potato (L) 6:30 Soothing Exercise (L)</p> <p style="text-align: right;">25</p> <p style="text-align: center;"><small>Mardi Gras</small></p>	<p>10:00 Morning Moves (L) 11:15 Morning Mass (C) 1:00 – 2:00 Quiet Time 2:30 Energy Exercise (DR) 3:30 Hand Massage 4:00 Brain Aerobics (CT) 6:30 Soothing Exercise (L)</p> <p style="text-align: right;">26</p> <p style="text-align: center;"><small>Ash Wednesday</small></p>	<p>10:00 Morning Moves (L) 11:15 Morning Mass (C) 1:00 – 2:00 Quiet Time 2:30 Birthday Party with Jack Garson (DA) 3:30 Bingo (L) 4:30 Wine Social (DR) 6:30 Soothing Exercise (L)</p> <p style="text-align: right;">27</p>	<p>10:00 Morning Moves (L) 11:15 Morning Mass (C) 1:00 – 2:00 Quiet Time 2:30 Energy Exercise (DR) 3:30 Montessori (L) 4:30 What's in the Box (L) 6:30 Soothing Exercise (L) 7:30 Movie Night (L)</p> <p style="text-align: right;">28</p>	<p>10:00 Morning Moves (L) 11:15 Morning Mass (C) 1:00 – 2:00 Quiet Time 2:30 Brain Aerobics (L) 4:00 Sing Along with Allen Charney (L) 6:30 Soothing Exercise (L)</p> <p style="text-align: right;">29</p> <p style="text-align: center;"><small>Leap Day</small></p>

Chapel- (C) Crafts Table- (CT) Dining Room- (DR) Dining Area- (DA) Lounge- (L)