

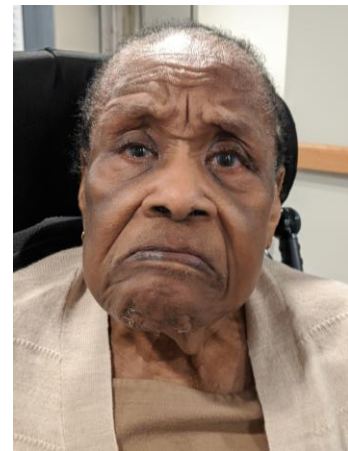
Presentation Manor would like to welcome the following residents:



Harold Balderson



Thomas Rosica, CSB



Carmita Pierce



Clare McSorely

January Birthdays

- Marilyn Gillespie, SOS – Jan. 2
- Jack Gallagher, CSB – Jan. 2
- Marvin Johnson – Jan. 3
- Charles Mahon – Jan. 3
- Johanna D’Agostino, IBVM – Jan. 4
- Rosemarie LaFlamme – Jan. 4
- Dolly Trombley – Jan. 13
- Terry Gallagher, SFM – Jan. 14
- Debbie Kidd – Jan. 14
- Anne Murray, IBVM – Jan. 16
- Maria Heinrich, IBVM – Jan. 17
- Sofija Augaitis – Jan. 17
- Anthony Saldanha – Jan. 20
- Phyllis D’Souza – Jan. 22
- Walter Farrell, FSC – Jan. 22
- Gerry Dillon, CSB – Jan. 26
- Maura Goff – Jan. 28
- Maria Bacchiocchi – Jan. 29
- Rose Caneuill, IBVM – Jan. 29
- George Macdonald, – Jan. 30
- Thérèse Tarnowski – Jan. 31

A Glimpse of the Congregation of Notre Dame

St. Marguerite Bourgeoys, a lay woman, arrived in the newly founded colony of Ville Marie (Montreal), November 16, 1653. You are invited to “A Glimpse of the Congregation of Notre Dame” ~ a journey highlighting the life of Marguerite Bourgeoys and our Congregation through the centuries.

**Thursday, January 9th, 2020
Chapel
2:00 p.m.**

Presentation Gazette

61 Fairfax Crescent, Scarborough * 647-350-3755 * www.presentationmanor.com



Celebrating January

Get Organized Month

Skating Month

Polka Music Month

First Foot Day

January 1

Bird Day

January 5

Static Electricity Day

January 9

International Kite Day

January 14

Martin Luther King Jr. Day

January 20

Compliment Day

January 24

Inspire Your Heart with Art Day

January 31

Resident Spotlight: Wilma Scherloski



“I grew up on a farm in Saskatchewan where I attended a one-room schoolhouse until Grade 10. I then went to Sacred Heart Academy in Yorkton, Saskatchewan.

In 1958, feeling a call to service I entered the community of Sister Servants of Mary Immaculate in Ancaster, Ontario. I attended Teachers'

College and then received a BA in Chemistry at the University of Saskatchewan. I taught and held administrative positions at Mount Mary Immaculate Academy in Ancaster and at Sacred Heart Academy in Yorkton.

Upon leaving the community in 1974 I began a long career in education with the Hamilton-Wentworth Catholic District School Board.

While Principal at Cathedral Girls' High School in Hamilton I began a program for girls living on the margins - abuse in many forms, pregnancies, addiction and mental health issues. When I was appointed Superintendent of Education the girls named the program Wilma's Place. It still exists - this year there are 178 girls and boys who are working to get their high school diploma as they struggle against many odds.

Upon retirement I studied at Regis College and obtained my Master of Arts in Ministry and Spirituality and a Diploma in Spiritual Direction. I served as Dean of Students until I retired for a second time in 2019.

Presently, I serve on the Board of Shalem Mental Health Network and on its Foundation Board. I am a Facilitator on the Ignatian Spirituality Project (ISP), a retreat program for women and men with experiences of homelessness and addictions. The stories of their lives and struggles as they strive to put their lives in order is truly inspirational. I learn much from them!

I am grateful and thank God for the many blessings I have received.”

**Positive Psychology:
The Science Behind Feeling Good
By Dr. David Chandross**

Can science teach us how to be happy? How does the experience simulator in our brains create sadness or happiness? Can negative people actually change your brain structure? Why does the overuse of smart phones cause depression and anxiety? Explore the meaning(s) of happiness and the quest for it from Aristotle to modern psychiatry.

Saturday, January 4, 7:00 PM, Theatre

**Night at the Opera:
Die Zauberflöte**

A whimsical fairy tale with themes deeply rooted in the Enlightenment and principles of Free Masonry, Mozart's Die Zauberflöte (The Magical Flute) appeals to audiences of all ages. Tony Award-winner Julie Taymor matches the magic and mystery of this timeless fable with a staging that bursts to life with vivid colors, intricate costumes, and inventive puppetry. Tenor Charles Castronovo stars as Tamino, the noble prince on a quest to rescue the maiden Pamina, sung by radiant soprano Golda Schultz in her Met-debut season. Along the way, Tamino befriends the lovable bird catcher Papageno, sung by baritone Markus Werba, and goes up against the forces of life—represented by bass René Pape's benevolent Sarastro—and darkness—embodied by soprano Kathryn Lewek's hair-raising Queen of the Night.

Wednesday, January 8, 7:00 PM, Theatre

Trip to McMichael Gallery

In commemoration of the centenary of that first exhibition of the group's finest pieces from the McMichael's permanent collection entitled "A Like Vision": *The group of Seven*. The exhibition of more than 280 artworks will span five galleries and include beloved masterpieces by every member of the Group, including Jackson's haunting *First Snow, Algoma* (1919/20) and Lawren Harris' magisterial *Mount Robson* (1929). Alongside these masterworks will be the lesser-known pieces by the Group including a series of humorous and impressionistic sketches by Arthur Lismer, many depicting his fellow artists, and Lawren Harris's assuming *Montreal River* (c.1920)

**Thursday, January 30, 2020
Sign up by the Recreation Office**

**Reading with the Heart: The
Construction of a Literate
Christianity in Origen's Psalm
Homilies**

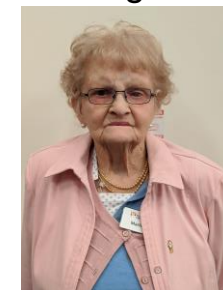
Origen is one of the most influential figures of early Christianity. His writing includes topics like Christology, creation, anthropology and biblical interpretation. What can this 3rd century ascetic, scholar and theologian teach us today about praying the psalms? What reading strategies does Origen offer us?

**Thursday, January 16, 2020
Chapel
2:00 p.m.**

**Staff Spotlight:
Renny Senanayke - RPN**



It is my great pleasure to work as a Registered Practical Nurse (RPN) in the Health and Wellness department at Presentation Manor, since the day it was established. Having gathered vast clinical experiences in hospitals, long term care and community settings, I choose to serve and care for residents in a retirement environment. Under the guidance and direction of the present Director of Care, I am able to exercise my duties freely and independently within the scope of practice guidelines set by College of Nurses of Ontario. I was able to get a fulltime position in the newly opened "Memory Care Unit" due to my **Commitment, Compassion, Competence, Confidence, Conscience and Comportment** which are taught **six C's** of Caring in Nursing.



Congratulations to Marie Collins on her 40 years of wonderful service with the Catholic Women's League.



Congratulations to Lorie Nunez, OLM for receiving her Canadian citizenship on Monday, December 30, 2019.



Health Services

Presentation Manor is proud to offer a variety of health and wellness services to our residents. All residents must book an appointment at reception prior to their visit. These services include:

Mobile Hearing Clinic

The Hearing Specialist comes in on the third Tuesday of every month

Tuesday, January 20th at 1:30 P. M.

Eyecare Express

Eyecare Express comes in every 4 months to do eye examinations for the residents.

Chiropodist Clinic

Thursday 9:00 A.M. – 3:00 P.M.

Golden Dental

Golden Dental comes in every 2 months but will make emergency visits as well.

Registered Massage Therapy

with Peter Daciuk

Tuesdays from 10:30 A.M. to 6:30 P.M.
Contact Peter directly at **416-894-2006**

Dining Community

Presentation Manor accommodates residents living independently or with assistance. To continue our aim of building a community within a community, each week residents of one floor from assisted living will be invited and brought to the dining area to enjoy a meal with the rest of the residents.