

November

Movember is an annual event involving growing mustaches during the month of November to raise awareness of men's health issues, such as prostate cancer, testicular cancer and suicide.

By encouraging men to get involved, Movember aims to increase early cancer detection, diagnosis and effective treatments, and ultimately to reduce the number of preventable deaths. Besides annual check-ups, the event encourages men to be aware of family history of cancer and to adopt a healthier lifestyle.

Testicular cancer rates have doubled in the past 50 years, prostate cancer rates will do the same in the next 15 years, and 500,000 men take their own life each year. There is widespread stigma and silence surrounding these three health issues, but thanks to Movember, the state of crisis in which men's health currently finds itself is being reversed.

To participate in Movember, simply grow out your facial hair every day during the month of November, start as many conversations about men's health as you can, and raise money for the non-profit organization.

Fun Facts about Facial Hair:

1. The average man spends 6 months of his life shaving and mustache grooming.
2. In Eureka, Nevada, it is illegal for men with mustaches to kiss women
3. Mustaches are capable of absorbing 20 percent of their own weight in liquid, which makes them very handy in the event of spillage.

November Birthdays

In astrology, those born between November 1 and 21 are Scorpio's scorpions. Scorpions are passionate and intense, yet you may never know, given their calm demeanor. They value truth, loyalty, and justice in friends and family. Those born between November 22 and 30 are Archers of Sagittarius. The Archers' open mind, optimism, curiosity, and enthusiasm make them the travelers of the zodiac. They treasure freedom: freedom to roam, freedom of thought, and freedom to express themselves.

Myra Trainor, OLM – November 1
 Tom Howley – November 1
 Sheila Smith, IBVM – November 5
 Mavis Redden – November 5
 Maria Lanthier, IBVM – November 7
 Harold Balderson – November 7
 Caroline Dawson, IBVM – November 18
 Patricia Tweedie – November 18
 Bob Tighe – November 21
 Lucille Corrigan, CND – November 21
 Mary Lesage – November 22
 Lorie Nunez, OLM – November 23
 Maria Burchert – November 24
 Christine Leyser, IBVM – November 26
 Eamon O'Neill, FSC – November 29
 Frances Denault – November 30

Bereavement

The Pastoral Committee is establishing a Bereavement Support Ministry with group support sessions available. For further information, please contact Carole at 366.

Presentation Gazette

Presentation Manor | 61 Fairfax Crescent | (647) 350 – 3755 x 5606



Celebrating November

Daylight Savings Ends
November 1

**Joint Ecological Ministry
 Presentation**
November 5

**Remembrance Day
 Observance**
November 11

SAGE Group
November 10 and 24

**Sharing Hope and Happiness
 Theatre Program**
November 12-13

Theology Presentation
November 17

Town Hall
November 19

Philosophy of Courage
November 30

A Day of Remembrance

In Flanders Fields

In Flanders fields the poppies blow
 Between the crosses, row on row,
 That mark our place; and in the sky
 The larks, still bravely singing, fly
 Scarce heard amid the guns below.

We are the Dead. Short days ago
 We lived, felt dawn, saw sunset glow,
 Loved and were loved, and now we lie
 In Flanders fields

Take up our quarrel with the foe:
 To you from failing hands we throw
 The torch; be yours to hold it high.
 If ye break faith with us who die
 We shall not sleep, though poppies grow
 In Flanders fields.

Remembrance Day Mass will be celebrated
Wednesday, November 11 at both Mass times.

Joint Ecological Ministry Event

Joint Ecological Ministry (JEM) is a collaboration of several religious communities and partners using their resources to promote caring for Creation and living within planetary limits.

Reconciliation with Indigenous Peoples in the Context of a Just Recovery.

Speaker: **Dr. Niigaan Sinclair**

Dr. Sinclair is Anishinaabe (St. Peter's/Little Peguis) and an Assistant Professor at the University of Manitoba. He is a



regular commentator on Indigenous issues on CTV, CBC, and APTN, and his written work can be found in the pages of *The Exile Edition of Native Canadian Fiction and Drama*, newspapers like *The Guardian*, and online with CBC Books: Canada Writes. Niigaan is the co-editor of the award-winning *Manitowapow: Aboriginal Writings from the Land of Water* (Highwater Press, 2011) and *Centering Anishinaabeg Studies: Understanding the World Through Stories* (Michigan State University Press, 2013), and is the Editorial Director of The Debwe Series with Portage and Main Press.

Thursday, November 5, 2 pm – 4 pm in the Theatre Room (limited to 16 people)

Sharing Hope and Happiness via Zoom

We have been thinking of you. You may have been feeling distant from others and isolated, but we have had you in mind. And we have been trying to find a way to connect. In the midst of this strange year, with so many changes and so much separation, we have been reflecting on how we can be supportive of one another.

As a Catholic community, here is something we can do: our ***Libermann High School Drama students*** want to share some uplifting stories with you, reaching out, via Zoom, to share a few “feel-good” stories, socializing virtually.

The inspiration behind our “feel-good” stories is the conviction that good news can counteract the negativity of all the bad news we are coping with as a community faced with a global pandemic. Positive, uplifting stories can provide hope and a sense that there is a path forward. We want this event to be a source of real happiness, even though times are hard. Please Join us!

- Jennifer Thomson
Drama & English Teacher
Francis Libermann C.S.S.

Thursday, November 12 at 10 am
Friday, November 13 at 10 am
Theatre Room (limited to 16 people)

Movie Nights

Bad Education – Saturday, November 7 at 7:00; Sunday, November 8 at 2:00

The story of the charismatic and esteemed Dr. Frank Tassone (Hugh Jackman) and Pam Gluckin (Allison Janney), who steal millions of dollars from the same public school district that they seek to make the best in the country.

Little Women – Saturday, November 14 at 7:00; Sunday, November 15 at 2:00

The story follows the lives of the four March sisters – Meg, Jo, Beth, and Amy – and details their passage from childhood to womanhood. It is loosely based on the lives of author Louisa May Alcott and her three sisters.

A Beautiful Day in the Neighbourhood – Saturday, November 21 at 7:00; Sunday, November 22 at 2:00.

Depicts Lloyd Vogel (Rhys), a troubled journalist for Esquire who is assigned to profile television icon Fred Rogers (Tom Hanks)

Call of the Wild – Saturday, November 28 at 7:00; Sunday, November 29 at 2:00.

Buck is a big-hearted dog whose blissful domestic life gets turned upside down when he is suddenly uprooted from his California home and transplanted to the wilds of the Alaskan Yukon in the 1890s. As the newest rookie on a mail-delivery dog sled team, Buck experiences the adventure of a lifetime as he ultimately finds his true place in the world.

Health Services

Presentation Manor is proud to offer a variety of health and wellness services to our residents. All residents must book an appointment at reception prior to their visit. These services include:

Mobile Hearing Clinic

The next clinic will take place **Monday, November 23** from 1:30 to 3:30 pm.

Eyecare Express

Eyecare Express comes in every 4 months to provide eye examinations for the residents.

Chiropodist Clinic

Wednesday, November 11, 9:00 A.M. – 1:00 P.M.

Golden Dental

Golden Dental comes in every 2 months but will make emergency visits as well.

Registered Massage Therapy

with Peter

Tuesdays from 1:00 P.M. to 5:30 P.M.
Contact Peter directly at **416-894-2006**