

Jan

February 2021

Memory Care Weekly Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6
8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast
10:00 Mass	10:00 Mass	10:00 Mass	10:00 Mass	10:00 Mass	10:00 Mass	10:00 Mass
12:00 Lunch	11:00 Dance Aerobics	11:00 Word Games	11:00 Tai Chi	11:00 Volleyball	11:00 Tennis	11:00 Dance Party!
3:30 Sing a-long	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch
5:00 Dinner	1:00 Quiet Time	1:00 Quiet Time	1:00 Quiet Time	1:00 Quiet Time	1:00 Quiet Time	1:00 Quiet Time
	2:00 Baking with Jain	2:00 Ball Toss	2:30 Hand Massage	2:00 Bowling	2:00 Crafts	2:00 Puzzles
	3:30 Montessori	3:00 Afternoon Stretch	3:30 Sing - along	3:00 Afternoon Stretch	3:00 Board Games	3:00 Wine and Cheese
	5:00 Dinner	5:00 Dinner	5:00 Dinner	4:00 Wine and Cheese	3:30 Afternoon Movie	5:00 Dinner
				5:00 Dinner	5:00 Dinner	

February 2021

Memory Care Weekly Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7	8	9	10	11	12	13
8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast
10:00 Mass	10:00 Mass	10:00 Mass	10:00 Mass	10:00 Mass	10:00 Mass	10:00 Mass
12:00 Lunch	11:00 Dance Aerobics	11:00 Word Games	11:00 Tai Chi	11:00 Volleyball	11:00 Tennis	11:00 Dance Party!
3:30 Sing a-long	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch
5:00 Dinner	1:00 Quiet Time	1:00 Quiet Time	1:00 Quiet Time	1:00 Quiet Time	1:00 Quiet Time	1:00 Quiet Time
	2:00 Baking with Jain	2:00 Ball Toss	2:30 Hand Massage	2:00 Bowling	2:00 Crafts	2:00 Puzzles
	3:30 Montessori	3:00 Afternoon Stretch	3:30 Sing - along	3:00 Afternoon Stretch	3:00 Board Games	3:00 Wine and Cheese
	5:00 Dinner	5:00 Dinner	5:00 Dinner	4:00 Wine and Cheese	3:30 Afternoon Movie	5:00 Dinner
				5:00 Dinner	5:00 Dinner	

February 2021

Memory Care Weekly Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	15	16	17	18	19	20
8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast
10:00 Mass	10:30 Mass	10:30 Mass	10:30 Mass	10:30 Mass	10:30 Mass	10:30 Mass
12:00 Lunch	11:15 Morning Exercises	11:15 Morning Exercises	11:00 Ball Toss	11:15 Morning Exercises	11:15 Morning Exercises	11:00 Dance Party!
3:30 Sing a-long	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch
5:00 Dinner	1:00 Quiet Time	1:00 Quiet Time	1:00 Quiet Time	1:00 Quiet Time	1:00 Quiet Time	1:00 Quiet Time
	2:00 Baking with Jain	2:00 Ball Toss	2:30 Hand Massage	2:00 Bowling	2:30 Happy Birthday Carmita Pierce!!!	2:00 Puzzles
	3:30 Montessori	3:00 Afternoon Stretch	3:30 Sing - along	3:00 Afternoon Stretch	5:00 Dinner	3:00 Wine and Cheese
	5:00 Dinner	5:00 Dinner	5:00 Dinner	4:00 Wine and Cheese		5:00 Dinner
				5:00 Dinner		

February 2021

Memory Care Weekly Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22	23	24	25	26	27
8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast
10:00 Mass	10:30 Mass	10:30 Mass	10:30 Mass	10:30 Mass	10:30 Mass	10:30 Mass
12:00 Lunch	11:00 Dance Aerobics	11:00 Word Games	11:00 Tai Chi	11:00 Volleyball	11:00 Tennis	11:00 Dance Party!
3:30 Sing a-long	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch
5:00 Dinner	1:00 Quiet Time	1:00 Quiet Time	1:00 Quiet Time	1:00 Quiet Time	1:00 Quiet Time	1:00 Quiet Time
	2:30 Happy Birthday Mary Joan McDonnell!!!!	2:00 Ball Toss	2:30 Hand Massage	2:00 Bowling	2:00 Crafts	2:00 Puzzles
	5:00 Dinner	3:00 Afternoon Stretch	3:30 Sing - along	3:00 Wine and Cheese	3:00 Board Games	3:00 Wine and Cheese
		5:00 Dinner	5:00 Dinner	5:00 Dinner	3:30 Afternoon Movie	5:00 Dinner
					5:00 Dinner	

Feb

March 2021

Memory Care Weekly Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	1	2	3	4	5	6
8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast
10:00 Mass	10:30 Mass	10:30 Mass	10:30 Mass	10:30 Mass	10:30 Mass	10:30 Mass
12:00 Lunch	11:00 Dance Aerobics	11:00 Word Games	11:00 Tai Chi	11:00 Volleyball	11:00 Tennis	11:00 Dance Party!
3:30 Sing a-long	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch
5:00 Dinner	1:00 Quiet Time	1:00 Quiet Time	1:00 Quiet Time	1:00 Quiet Time	1:00 Quiet Time	1:00 Quiet Time
	2:00 Baking with Jain	2:00 Ball Toss	2:30 Hand Massage	2:00 Bowling	2:00 Crafts	2:00 Puzzles
	3:30 Montessori	3:00 Afternoon Stretch	3:30 Sing - along	3:00 Afternoon Stretch	3:00 Board Games	3:00 Wine and Cheese
	5:00 Dinner	5:00 Dinner	5:00 Dinner	4:00 Wine and Cheese	3:30 Afternoon Movie	5:00 Dinner
				5:00 Dinner	5:00 Dinner	