

Sunday

Monday

Tuesday

Wednesday














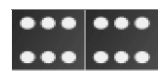



Thursday

Friday

Saturday

# April 2022

## Reflections Memory Care Recreation Calendar

					<p>11:00 Calendar Update 11:15 Morning Stretch 12:30 Puzzles 1:00 Neighbourhood Strolls 2:00 Coffee &amp; Conversation 2:30 Sing-Along with Allen</p>  <p>All Fools' Day</p>	<p>11:00 YouTube Videos 1:30 Tabletop Activities 2:00 Resident Walking 3:00 ABBY Board</p> <p>Ramadan Begins</p>
<p>11:00 Video Concert 2:00 Resident Walking 3:00 Sing-Along with Sr. Christine</p> 	<p>10:15 Calendar Update 11:00 Morning Stretch 12:30 Puzzles 1:00 Let's Bake! 2:00 Coffee &amp; Conversation 2:45 Easter Decorating 3:30 YouTube Learning</p> 	<p>11:00 Calendar Update 11:15 Music and Memories 12:30 ABBY Board 1:00 Easter Colouring 2:00 Coffee &amp; Conversation 2:30 Afternoon Exercises 3:00 Mindful Montessori</p> 	<p>10:15 Calendar Update 11:00 Morning Stretch 12:45 Balloon Toss 1:15 Afternoon Movie 2:00 Coffee &amp; Conversation 2:30 Bedside Visits 3:30 Sing-Along with Sr. Christine</p> 	<p><b>JAIN AWAY</b></p> <p>10:00 Calendar Update 10:15 Drum Circle w/ Gord 2:30 Afternoon Exercises 3:00 Happy Hour!</p> 	<p><b>JAIN AWAY</b></p> <p>10:00 Calendar Update 11:00 Video Concert 2:30 Sing-Along with Allen</p> 	<p>11:00 YouTube Videos 1:30 Tabletop Activities 2:00 Resident Walking 3:00 ABBY Board</p> 
<p>11:00 Video Concert 2:00 Resident Walking 3:00 Sing-Along with Sr. Christine</p>  <p>Palm Sunday</p>	<p>10:15 Calendar Update 11:00 Morning Stretch 12:30 Mindful Montessori 1:00 Let's Bake! 2:00 Coffee &amp; Conversation 2:45 Your Favourite Songs! 3:30 Blocks/Jenga</p> 	<p>11:00 Calendar Update 11:15 Music and Memories 12:30 ABBY Board 1:00 Easter Arts &amp; Crafts 2:00 Coffee &amp; Conversation 2:30 Afternoon Exercises 3:00 Counting and Sorting</p> 	<p>10:15 Calendar Update 11:00 Morning Stretch 12:45 Bowling 1:15 Afternoon Movie 2:00 Coffee &amp; Conversation 2:30 Sing Along &amp; Happy Hour (DR) 2:30 Mindful Montessori 3:30 Sing-Along with Sr. Christine</p>	<p>10:00 Calendar Update 10:15 Drum Circle w/ Gord 10:45 One to One Visits 1:00 4<sup>th</sup> Floor Bakery 2:00 Coffee &amp; Conversation 2:30 Afternoon Exercises 3:00 Happy Hour!</p> 	<p>11:00 Calendar Update 11:15 Morning Stretch 12:30 Puzzles 1:00 Neighbourhood Strolls 2:00 Coffee &amp; Conversation 2:30 Sing-Along with Allen</p>  <p>Good Friday Passover Begins</p>	<p>11:00 YouTube Videos 1:30 Tabletop Activities 2:00 Resident Walking 3:00 ABBY Board</p> 
<p>11:00 Video Concert 2:00 Resident Walking 3:00 Sing-Along with Sr. Christine</p>  <p>Easter Sunday</p>	<p>10:15 Calendar Update 11:00 Morning Stretch 12:30 Folding and Sorting 1:00 Let's Bake! 2:00 Coffee &amp; Conversation 2:45 Fun with Stickers! 3:30 YouTube Learning</p>	<p>11:00 Calendar Update 11:15 Music and Memories 12:30 ABBY Board 1:00 Jewelry Making 2:00 Coffee &amp; Conversation 2:30 Afternoon Exercises 3:00 YouTube Learning</p> 	<p>10:15 Calendar Update 11:00 Morning Stretch 12:45 Ball Toss 1:15 Afternoon Movie 2:00 Coffee &amp; Conversation 2:30 Spring Fling Event (DR) 3:30 Sing-Along with Sr. Christine</p> 	<p><b>JAIN AWAY</b></p> <p>10:00 Calendar Update 10:15 Drum Circle w/ Gord 2:30 Afternoon Exercises 3:00 Happy Hour!</p> 	<p><b>JAIN AWAY</b></p> <p>10:00 Calendar Update 11:00 Planet Earth Video 2:30 Sing-Along with Allen</p>  <p>Earth Day</p>	<p>11:00 YouTube Videos 1:30 Tabletop Activities 2:00 Resident Walking 3:00 ABBY Board</p> 
<p>11:00 Video Concert 2:00 Resident Walking 3:00 Sing-Along with Sr. Christine</p> 	<p>10:15 Calendar Update 11:00 Morning Stretch 12:30 Mindful Montessori 1:00 Let's Bake! 2:00 Coffee &amp; Conversation 2:45 Your Favourite Songs! 3:30 Dominoes</p> 	<p>11:00 Calendar Update 11:15 Music and Memories 12:30 ABBY Board 1:00 Colouring &amp; Sticker Fun 2:00 Coffee &amp; Conversation 2:30 Afternoon Exercises 3:00 YouTube Learning</p> 	<p>10:15 Calendar Update 11:00 Morning Stretch 12:45 Bowling 1:15 Afternoon Movie 2:00 Coffee &amp; Conversation 2:30 Birthday Party (DR) 3:30 Sing-Along with Sr. Christine</p>	<p>10:00 Calendar Update 10:15 Drum Circle w/ Gord 10:45 One to One Visits 1:00 4<sup>th</sup> Floor Bakery 2:00 Coffee &amp; Conversation 2:30 Afternoon Exercises 3:00 Happy Hour!</p> 	<p>11:00 Calendar Update 11:15 Morning Stretch 12:30 All About Trees Video 1:00 Neighbourhood Strolls 2:00 Coffee &amp; Conversation 2:30 Sing-Along with Allen</p>  <p>Arbor Day</p>	<p>11:00 YouTube Videos 1:30 Tabletop Activities 2:00 Resident Walking 3:00 ABBY Board</p>

8:30am Breakfast

11:30am Lunch

4:45pm Dinner

10:30am Televised Mass every day except Thursday when Mass is at 9:45

12:30pm Quiet Time