















Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Calendar Update <b>1</b> 10:00 – 12:00 Room to Room Activity Cart (All AL floors) 2:00-4:00 – One to One Visits (All AL floors)  May Day	9:00 Calendar Update <b>2</b> 10:00 – 12:00 Room to Room Activity Cart (All AL floors) 2:00 – 4:00 One to One Visits (All AL floors)	9:00 Calendar Update <b>3</b> 10:00 – 12:00 Room to Room Activity Cart (All AL floors) <b>1:00 – Hallway Exercises</b> 2:00 – 4:00 – One to One Visits	9:00 Calendar Update <b>4</b> 10:00 – 12:00 Room to Room Activity Cart (All AL floors) <b>2:00 - 4:00 Travelling Happy Hour (All AL floors)</b>	9:00 Calendar Update <b>5</b> 10:00 – 12:00 Room to Room Activity Cart (All AL floors) <b>1:00 Hallway Exercises</b> <b>2:00 – 4:00 Cinco de Mayo Travelling Cart (All AL floors)</b>  Cinco de Mayo	9:00 Calendar Update <b>6</b> 10:00-12:00 Room to Room Activity Cart (All AL floors) <b>2:00 – 4:00 Travelling Musician (All AL floors)</b>	9:00 Calendar Update <b>7</b> 10:00 – 12:00 Room to Room Activity Cart (All AL floors) 2:00 – 4:00 Room to Room Activity Cart (All AL floors) 
11:00 Video Concert <b>8</b> 2:00 Resident Walking <b>2:30 Cello Journey for Mother's Day (DR)</b> <b>3:00 Sing-Along with Sr. Christine</b>  Mother's Day 	10:15 Calendar Update <b>9</b> 11:00 Morning Stretch 12:30 Mindful Montessori <b>1:00 Let's Bake!</b> 2:00 Coffee & Conversation 2:45 Your Favourite Songs! 3:30 Blocks/Jenga 	11:00 Calendar Update <b>10</b> 11:15 Music and Memories <b>12:30 ABBY Board</b> <b>1:00 Spring Arts &amp; Crafts</b> 2:00 Coffee & Conversation 2:30 Afternoon Exercises 3:00 Counting and Sorting	10:15 Calendar Update <b>11</b> 11:00 Morning Stretch <b>12:45 Spring Planting!</b> 1:15 Afternoon Movie 2:00 Coffee & Conversation <b>2:30 Spring Fling Event(DR)</b> <b>3:30 Sing-Along w/ Sr. Christine</b>	10:00 Calendar Update <b>12</b> 10:15 Drum Circle 10:45 One to One Visits <b>12:30 Tend the Garden!</b> <b>1:00 4<sup>th</sup> Floor Bakery</b> 2:00 Coffee & Conversation 2:00 Afternoon Exercises <b>3:00 Happy Hour!</b>	11:00 Calendar Update <b>13</b> 11:15 Morning Stretch 12:30 Puzzles 1:00 Neighbourhood Strolls 2:00 Coffee & Conversation <b>2:30 Sing-Along with Allen</b> 	11:00 YouTube Videos <b>14</b> 1:30 Tabletop Activities 2:00 Resident Walking <b>2:30 Stay Home Forever Presents: Elvis Presley Live! (DR)</b> 3:00 ABBY Board 
11:00 Video Concert <b>15</b> 2:00 Resident Walking <b>3:00 Sing-Along with Sr. Christine</b>  	10:15 Calendar Update <b>16</b> 11:00 Morning Stretch 12:30 Folding and Sorting <b>1:00 Let's Bake!</b> 2:00 Coffee & Conversation 2:45 Fun with Stickers! 3:30 YouTube Learning	11:00 Calendar Update <b>17</b> 11:15 Music and Memories <b>12:30 ABBY Board</b> <b>1:00 Jewelry Making</b>  2:00 Coffee & Conversation 2:30 Afternoon Exercises 3:00 YouTube Learning	10:15 Calendar Update <b>18</b> 11:00 Morning Stretch <b>12:45 Tend the Garden!</b> 1:15 Afternoon Movie 2:00 Coffee & Conversation 2:30 Bedside Visits <b>3:30 Sing-Along with Sr. Christine</b> 	10:00 Calendar Update <b>19</b> 10:15 Drum Circle w/ Gord 10:45 One to One Visits <b>1:00 4<sup>th</sup> Floor Bakery</b> 2:00 Coffee & Conversation 2:00 Afternoon Exercises <b>3:00 Happy Hour!</b> 	11:00 Calendar Update <b>20</b> 11:15 Morning Stretch 12:30 Puzzles 1:00 Neighbourhood Strolls 2:00 Coffee & Conversation <b>2:30 Sing-Along with Allen</b>	11:00 YouTube Videos <b>21</b> 1:30 Tabletop Activities 2:00 Resident Walking 3:00 ABBY Board 
11:00 Video Concert <b>22</b> 2:00 Resident Walking <b>3:00 Sing-Along with Sr. Christine</b>  	10:15 Calendar Update <b>23</b> 11:00 Morning Stretch 12:30 Puzzles <b>1:00 Let's Bake!</b> 2:00 Coffee & Conversation 2:45 Your Favourite Songs! 3:30 Dominoes  Victoria Day (Canada)	11:00 Calendar Update <b>24</b> 11:15 Music and Memories <b>12:30 ABBY Board</b> <b>1:00 Colouring &amp; Sticker Fun</b> 2:00 Coffee & Conversation 2:30 Afternoon Exercises 3:00 YouTube Learning	10:15 Calendar Update <b>25</b> 11:00 Morning Stretch <b>12:45 Bowling</b> 1:15 Afternoon Movie 2:00 Coffee & Conversation <b>2:30 Birthday Party (DR)</b> <b>3:30 Sing-Along with Sr. Christine</b>	10:00 Calendar Update <b>26</b> 10:15 Drum Circle w/ Gord 10:45 One to One Visits <b>12:30 Tend the Garden!</b> <b>1:00 4<sup>th</sup> Floor Bakery</b> 2:00 Coffee & Conversation 2:00 Afternoon Exercises <b>3:00 Happy Hour!</b>	11:00 Calendar Update <b>27</b> 11:15 Morning Stretch 12:30 Puzzles 1:00 Neighbourhood Strolls 2:00 Coffee & Conversation <b>2:30 Sing-Along with Allen</b> 	11:00 YouTube Videos <b>28</b> 1:30 Tabletop Activities 2:00 Resident Walking 3:00 ABBY Board
11:00 Video Concert <b>29</b> 2:00 Resident Walking <b>3:00 Sing-Along with Sr. Christine</b>  	10:15 Calendar Update <b>30</b> 11:00 Morning Stretch 12:30 Mindful Montessori <b>1:00 Let's Bake!</b> 2:00 Coffee & Conversation 2:45 Your Favourite Songs! 3:30 Balloon Toss	11:00 Calendar Update <b>31</b> 11:15 Music and Memories <b>12:30 ABBY Board</b> <b>1:00 Tend the Garden!</b> 2:00 Coffee & Conversation 2:30 Afternoon Exercises 3:00 YouTube Learning	 <h1 style="color: pink; font-family: cursive;">May 2022</h1> <h2 style="font-weight: bold;">Reflections Memory Care</h2>			

8:30am Breakfast

11:30am Lunch

4:45pm Dinner

10:30am Televised Mass

12:30pm Quiet Time