

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 – 12:00 Room to Room Activity Cart (All AL floors) 2:00-4:00 – One to One Visits (All AL floors)  <small>May Day</small>	10:00 – 12:00 Room to Room Activity Cart (All AL floors) 2:00 – 4:00 One to One Visits (All AL floors)	10:00 – 12:00 Room to Room Activity Cart (All AL floors) 2:00 Hallway Exercises(AL1) 2:30 Hallway Exercises(AL2) 3:30 Hallway Exercises(AL3)	10:00 – 12:00 Room to Room Activity Cart (All AL floors) <b>2:00 – 4:00 Travelling Happy Hour (All AL floors)</b>	10:00 – 12:00 Room to Room Activity Cart (All AL floors) <b>2:00 – 4:00 Cinco de Mayo Travelling Cart (All AL floors)</b> 2:00 Hallway Exercises (AL1) 2:30 Hallway Exercises (AL2) 3:30 Hallway Exercises (AL3)  <small>Cinco de Mayo</small>	10:00 – 12:00 Room to Room Activity Cart (All AL floors) <b>2:30 – 4:00 Strolling Musician (All AL floors)</b>	10:00 – 12:00 Room to Room Activity Cart (All AL floors) 2:00 – 4:00 Room to Room Activity Cart (All AL floors)
10:30 Mass (1,2 & AL) 8 11:45 Mass (3 & 4) <b>2:00 Movie Matinée (T): Yes Day</b> <b>2:30 Cello Journey for Mother's Day (DR)</b> <b>3:00 Sing w/ Christine (AL4)</b> <small>Mother's Day</small>	9:30 Exercises (M) 9 10:30 Mass (C) <b>1:00 Baking w/ Jain (AL4)</b> <b>2:00 NEW Trial Yoga Class (M)</b> <b>2:30 BINGO! (AL1)</b> 4:00 Rosary (C) <b>7:00 Trivia Night (B)</b>	9:15 Chair Yoga (M) 10 10:30 Mass (C) <b>1:00 Arts &amp; Crafts (AL4)</b> 2:00 Physio Exercises(AL1) 3:30 Physio Exercises(AL3)	9:30 Exercises (M) 11 10:30 Mass (C) 1:00 Knitting Group (PD) <b>2:30 Spring Fling Party with the Sparklettes (DR)</b> 4:00 Rosary (C)  <b>Students Visit From Royal Crown Academic School</b>	9:30 Exercises (M) 12 10:30 Mass (C) <b>1:00 4<sup>th</sup> Floor Bakery (AL4)</b> 2:00 Physio Exercises (AL1) <b>2:30 Ice Cream Bar (B)</b> <b>3:00 Happy Hour (AL4)</b> 3:30 Physio Exercises (AL3)	9:30 Exercises (M) 13 10:30 Mass (C) <b>2:30 BINGO! (AL3)</b> <b>2:30 Music w/ Allen (AL4)</b> 4:00 Rosary (C) <b>7:00 BINGO (DR)</b>	10:30 Mass (C) 14 2:00 Word Games with Sr. Norma (AL3) <b>2:30 Stay Home Forever Presents: Elvis Live! (DR)</b> 3:00 Word Games with Sr. Norma (AL2) <b>6:30 Movie Night (T): The Greatest Showman</b>
10:30 Mass (1,2 & AL) 15 11:45 Mass (3 & 4) <b>2:00 Movie Matinée (T): The Greatest Showman</b> <b>3:00 Sing w/ Christine (AL4)</b>	9:30 Exercises (M) 16 10:30 Mass (C) <b>1:00 Baking w/ Jain (AL4)</b> 2:30 Pilates w/ Carolyn (F) <b>2:30 BINGO! (AL1)</b> <b>2:30 Panel Discussion: Lois Wilson (C)</b> 4:00 Rosary (C)	9:15 Chair Yoga (M) 17 10:30 Mass (C) <b>2:00 Crafts w/ Dira (GR)</b> <b>2:00 SAGE Group (PD)</b> 2:00 Physio Exercises(AL1) 3:30 Physio Exercises(AL3)	9:30 Exercises (M) 18 10:30 Mass (C) 1:00 Knitting Group (PD) <b>2:30 Happy Hour &amp; Sing-Along with Edie (B)</b> <b>3:30 Sing-Along with Sr. Christine</b> 4:00 Rosary (C) <b>7:00 SUPER BINGO (DR)</b>	9:30 Exercises (M) 19 10:30 Mass (C) <b>1:00 4<sup>th</sup> Floor Bakery (AL4)</b> <b>2:00 Cooking Demo with Saif (PD)</b> <b>2:30 Ice Cream Bar (DR)</b> 2:00 Physio Exercises (AL1) <b>3:00 Happy Hour (AL4)</b> 3:30 Physio Exercises (AL3)	9:30 Exercises (M) 20 10:30 Mass (C) <b>2:30 BINGO! (AL3)</b> <b>2:30 Music w/ Allen (AL4)</b> 4:00 Rosary (C) <b>7:00 BINGO (DR)</b>	10:30 Mass (C) 21 2:00 Word Games with Sr. Norma (AL3) 3:00 Word Games with Sr. Norma (AL2) <b>6:30 Movie Night (T): A Beautiful Day in the Neighborhood</b> <small>Armed Forces Day</small>
10:30 Mass (1,2 & AL) 22 11:45 Mass (3 & 4) <b>2:00 Movie Matinée (T): A Beautiful Day in the Neighborhood</b> <b>3:00 Sing w/ Christine (AL4)</b>	9:30 Exercises (M) 23 10:30 Mass (C) <b>1:00 Baking w/ Jain (AL4)</b> 2:30 Pilates w/ Carolyn (M) <b>2:30 BINGO! (AL1)</b> 4:00 Rosary (C)  <small>Victoria Day (Canada)</small>	9:15 Chair Yoga (M) 24 10:30 Mass (C) <b>1:30 Accessible Bus Trip to Rosetta McClain Gardens</b> 2:00 Physio Exercises(AL1) 3:30 Physio Exercises(AL3)	9:30 Exercises (M) 25 10:30 Mass (C) 1:00 Knitting Group (PD) <b>2:30 Birthday Party with Filipa Sousa (DR)</b> <b>3:30 Sing-Along with Sr. Christine</b> 4:00 Rosary (C)	9:30 Exercises (M) 26 10:30 Mass (C) <b>1:00 4<sup>th</sup> Floor Bakery (AL4)</b> <b>2:00 Town Hall (DR)</b> 2:00 Physio Exercises (AL1) <b>2:30 Ice Cream Bar (DR)</b> <b>3:00 Happy Hour (AL4)</b> 3:30 Physio Exercises (AL3)	9:30 Exercises (M) 27 10:30 Mass (C) <b>2:30 BINGO! (AL3)</b> <b>2:30 Music w/ Allen (AL4)</b> 4:00 Rosary (C) <b>7:00 BINGO (DR)</b>	10:30 Mass (C) 28 2:00 Word Games with Sr. Norma (AL3) 3:00 Word Games with Sr. Norma (AL2) <b>6:30 Movie Night (T): Belfast</b>  <i>Walk for Alzheimer's at Thompson Park</i>
10:30 Mass (1,2 & AL) 29 11:45 Mass (3 & 4) <b>2:00 Movie Matinée (T): Belfast</b> <b>3:00 Sing w/ Christine (AL4)</b>	9:30 Exercises (M) 30 10:30 Mass (C) <b>1:00 Baking w/ Jain (AL4)</b> 2:30 Pilates w/ Carolyn (M) <b>2:30 BINGO! (AL1)</b> 4:00 Rosary (C) <b>7:00 Pub Night with Mark Kersey (B)</b> <small>Memorial Day</small>	9:30 Chair Yoga (M) 31 10:30 Mass (C) 2:00 Physio Exercises(AL1) <b>2:30 Strawberry Social (B)</b> 3:30 Physio Exercises(AL3)				

B – Bistro C - Chapel DR – Dining Room F – Fitness Centre GR – Games Room L – Library M – Multipurpose Room PD – Private Dining Room T – Theatre