

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

June 2022

REFLECTIONS MEMORY CARE

11:00 Video Concert **5**
1:00 ABBY Board
 2:00 Resident Walking
3:00 Sing-Along with Sr. Christine

10:15 Calendar Update **6**
 11:00 Morning Stretch
 12:30 Puzzles
1:00 Let's Bake!
 2:00 Coffee & Conversation
 2:30 YouTube Learning

11:00 Calendar Update **7**
 11:15 Music and Memories
12:30 ABBY Board
1:00 Colouring Pets
 2:00 Coffee & Conversation
 2:30 Afternoon Exercises
3:00 Glamour Hour

10:15 Calendar Update **8**
 11:00 Gracie the Dog Visits
 12:45 Bowling!
 1:15 Afternoon Movie
 2:00 Coffee & Conversation
 2:30 Garden Visits
3:30 Sing-Along with Sr. Christine

10:00 Calendar Update **9**
 10:15 Drum Circle w/ Gord
 10:45 One to One Visits
 12:30 Tend the Garden!
1:00 4th Floor Bakery
 2:00 Coffee & Conversation
 2:30 Afternoon Exercises
3:00 Happy Hour!

11:00 Calendar Update **10**
 11:15 Morning Stretch
 12:30 Puzzles
 1:00 Neighbourhood Strolls
 2:00 Coffee & Conversation
2:30 Sing-Along with Allen

11:00 YouTube Videos **11**
 1:30 Tabletop Activities
 2:00 Resident Walking
3:00 ABBY Board

11:00 Video Concert **12**
1:00 ABBY Board
 2:00 Resident Walking
3:00 Sing-Along with Sr. Christine

10:15 Calendar Update **13**
 11:00 Morning Stretch
 12:30 Puzzles
1:00 Let's Bake!
 2:00 Coffee & Conversation
 2:30 Your Favourite Songs!

11:00 Calendar Update **14**
 11:15 Music and Memories
 12:30 ABBY Board
1:00 Arts & Crafts
 2:00 Coffee & Conversation
 2:30 Afternoon Exercises
3:00 Glamour Hour

Flag Day (US)

10:15 Calendar Update **15**
 11:00 Gracie the Dog Visits
 12:45 Music & Memories
 1:15 Afternoon Movie
 2:00 Coffee & Conversation
 2:30 Garden Visits
3:30 Sing-Along with Sr. Christine

10:00 Calendar Update **16**
 10:15 Drum Circle w/ Gord
 10:45 One to One Visits
 12:30 Tend the Garden!
1:00 4th Floor Bakery
 2:00 Coffee & Conversation
 2:30 Afternoon Exercises
3:00 Happy Hour!

11:00 Calendar Update **17**
 11:15 Morning Stretch
 12:30 Puzzles
 1:00 Neighbourhood Strolls
 2:00 Coffee & Conversation
2:30 Sing-Along with Allen

11:00 YouTube Videos **18**
 1:30 Tabletop Activities
 2:00 Resident Walking
3:00 ABBY Board

11:00 Video Concert **19**
 2:00 Resident Walking
3:00 Father's Day Celebration with Bluegrass Band (BY)
 3:00 Sing-Along with Sr. Christine
HAPPY FATHER'S DAY!
Father's Day Juneteenth

10:15 Calendar Update **20**
 11:00 Morning Stretch
 12:30 Folding and Sorting
1:00 Let's Bake!
 2:00 Coffee & Conversation
 2:30 YouTube Learning

11:00 Calendar Update **21**
 11:15 Music and Memories
 12:30 ABBY Board
1:00 Arts & Crafts
 2:00 Coffee & Conversation
 2:30 Afternoon Exercises
3:00 Glamour Hour

Summer Begins

10:15 Calendar Update **22**
 11:00 Gracie the Dog Visits
 12:45 Ball Toss!
 1:15 Afternoon Movie
 2:00 Coffee & Conversation
 2:30 Garden Visits
3:30 Sing-Along with Sr. Christine

10:00 Calendar Update **23**
 10:15 Drum Circle w/ Gord
 10:45 One to One Visits
 12:30 Tend the Garden!
1:00 4th Floor Bakery
 2:00 Coffee & Conversation
 2:30 Afternoon Exercises
3:00 Happy Hour!

11:00 Calendar Update **24**
 11:15 Morning Stretch
 12:30 Puzzles
 1:00 Neighbourhood Strolls
 2:00 Coffee & Conversation
2:30 Sing-Along with Allen

11:00 YouTube Videos **25**
 1:30 Tabletop Activities
 2:00 Resident Walking
3:00 ABBY Board

11:00 Video Concert **26**
1:00 ABBY Board
 2:00 Resident Walking
3:00 Sing-Along with Sr. Christine

10:15 Calendar Update **27**
 11:00 Morning Stretch
 12:30 Puzzles
1:00 Let's Bake!
 2:00 Coffee & Conversation
 2:30 Your Favourite Songs!

11:00 Calendar Update **28**
 11:15 Music and Memories
12:30 ABBY Board
1:00 Jewelry Making
 2:00 Coffee & Conversation
 2:30 Afternoon Exercises
3:00 Glamour Hour

10:15 Calendar Update **29**
 11:00 Gracie the Dog Visits
 1:15 Afternoon Movie
 2:00 Coffee & Conversation
2:30 June Birthday Party (DR)
3:30 Sing-Along with Sr. Christine

10:00 Calendar Update **30**
 10:15 Drum Circle w/ Gord
 10:45 One to One Visits
 12:30 Tend the Garden!
1:00 4th Floor Bakery
 2:00 Coffee & Conversation
 2:30 Afternoon Exercises
3:00 Happy Hour!



8:30am Breakfast

10:30am Televised Mass

11:30am Lunch

4:45pm Dinner

12:30pm Quiet Time