

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# July 2022

## Assisted Living Recreation Calendar

						
<p>10:30 Mass (1, 2 &amp; AL) <b>3</b> 11:45 Mass (3, 4) <b>2:00 Movie Matinee (T): Little Women</b> <b>3:00 Sing w/ Christine (AL4)</b></p>	<p>9:30 Exercises (M) <b>4</b> 10:30 Mass (C) <b>1:00 Baking w/ Jain (AL4)</b> <b>2:30 Pilates w/ Carolyn (M)</b> <b>2:30 BINGO (AL1)</b> 4:00 Rosary (C) <small>Independence Day (US)</small></p>	<p><b>9:15 Yoga w/ Rika (M) 5</b> 10:30 Mass (C) 1:30 Physio Exercises(AL1) <b>2:00 SAGE Group (PD)</b> 3:00 Physio Exercises(AL3) <b>3:15 Wine Tasting (PD)</b></p>	<p>9:30 Exercises (F) <b>6</b> 10:30 Mass (C) 1:00 Knitting Club (PD) <b>2:30 Happy Hour &amp; Trivia with Bremen (B)</b> <b>3:30 Sing-Along w/ Sr. Christine (AL4)</b> 4:00 Rosary (C)</p>	<p>9:30 Exercises (M) <b>7</b> 10:30 Mass (C) <b>1:00 Baking w/ Jain (AL4)</b> 1:30 Physio Exercises (AL1) <b>2:00 Pilates w/ Carolyn (M)</b> <b>2:30 Ice Cream Bar (B)</b> 2:45 Physio Exercises (AL3) <b>3:00 Happy Hour! (AL4)</b></p>	<p>9:30 Exercises (M) <b>8</b> 10:30 Mass (C) <b>2:00 Dancercise Class (M)</b> <b>2:30 BINGO (AL3)</b> <b>2:30 Music w/ Allen (AL4)</b> 4:00 Rosary (C) <b>7:00 BINGO (DR)</b></p>	<p>10:30 Mass (C) <b>2</b> 2:00 Word Games with Sr. Norma (AL3) 3:00 Word Games with Sr. Norma (AL2) <b>6:30 Movie Night (T): Little Women</b></p>
<p>10:30 Mass (1, 2 &amp; AL) <b>10</b> 11:45 Mass (3, 4) <b>2:00 Movie Matinee (T): Fly Away Home</b> <b>3:00 Sing w/ Christine (AL4)</b></p>	<p>9:30 Exercises (M) <b>11</b> 10:30 Mass (C) <b>1:00 Baking w/ Jain (AL4)</b> <b>2:30 Pilates w/ Carolyn (M)</b> <b>2:30 BINGO (AL1)</b> 4:00 Rosary (C) <b>7:00 Trivia Night (B)</b></p>	<p><b>9:15 Yoga w/ Rika (M) 12</b> 10:30 Mass (C) 1:30 Physio Exercises(AL1) <b>2:00 Paint n' Sip Class with Dira (GR)</b> 3:00 Physio Exercises(AL3)</p>	<p>9:30 Exercises (M) <b>13</b> 10:30 Mass (C) 1:00 Knitting Club (PD) <b>2:30 Happy Hour &amp; Sing-Along with Edie (DR)</b> <b>3:30 Sing-Along w/ Sr. Christine (AL4)</b></p>	<p>9:30 Exercises (M) <b>14</b> 10:30 Mass (C) <b>1:00 Baking w/ Jain (AL4)</b> 1:30 Physio Exercises (AL1) <b>2:00 Pilates w/ Carolyn (M)</b> <b>2:30 Ice Cream Bar (B)</b> 2:45 Physio Exercises (AL3) <b>3:00 Happy Hour! (AL4)</b></p>	<p>9:30 Exercises (M) <b>15</b> 10:30 Mass (C) <b>2:00 Dancercise Class (M)</b> <b>2:30 BINGO (AL3)</b> <b>2:30 Music w/ Allen (AL4)</b> 4:00 Rosary (C) <b>7:00 BINGO (DR)</b></p>	<p>10:30 Mass (C) <b>16</b> 2:00 Word Games with Sr. Norma (AL3) 3:00 Word Games with Sr. Norma (AL2) <b>6:30 Movie Night (T): The Green Book</b></p>
<p>10:30 Mass (1, 2 &amp; AL) <b>17</b> 11:45 Mass (3, 4) <b>2:00 Movie Matinee (T): The Green Book</b></p>	<p>9:30 Exercises (M) <b>18</b> 10:30 Mass (C) <b>2:30 Pilates w/ Carolyn (M)</b> <b>2:30 BINGO (AL1)</b> 4:00 Rosary (C)</p>	<p><b>9:15 Yoga w/ Rika (M) 19</b> 10:30 Mass (C) <b>1:00 Baking w/ Jain (AL4)</b> 1:30 Physio Exercises(AL1) <b>2:00 SAGE Group (PD)</b> 3:00 Physio Exercises(AL3)</p>	<p>9:30 Exercises (M) <b>20</b> 10:30 Mass (C) 1:00 Knitting Club (PD) <b>2:30 Happy Hour (B)</b> <b>3:30 Sing-Along w/ Sr. Christine (AL4)</b> 4:00 Rosary (C) <b>7:00 SUPER BINGO (DR)</b></p>	<p>9:30 Exercises (M) <b>21</b> 10:30 Mass (C) <b>1:00 Baking w/ Jain (AL4)</b> 1:30 Physio Exercises (AL1) <b>2:00 Pilates w/ Carolyn (M)</b> <b>2:30 Ice Cream Bar (B)</b> 2:45 Physio Exercises (AL3) <b>3:00 Happy Hour! (AL4)</b></p>	<p>9:30 Exercises (M) <b>22</b> 10:30 Mass (C) <b>2:00 Dancercise Class (M)</b> <b>2:30 BINGO (AL3)</b> <b>2:30 Music w/ Allen (AL4)</b> 4:00 Rosary (C) <b>7:00 BINGO (DR)</b></p>	<p>10:30 Mass (C) <b>23</b> <b>2:30 Smile Theatre Presents: Smile Serenades (DR)</b> <b>6:30 Movie Night (T): Letters to Juliet</b></p>
<p>10:30 Mass (1, 2 &amp; AL) <b>24</b> 11:45 Mass (3, 4) <b>2:00 Movie Matinee (T): Letters to Juliet</b></p>	<p>9:30 Exercises (M) <b>25</b> 10:30 Mass (C) <b>1:00 Baking w/ Jain (AL4)</b> <b>2:30 Pilates w/ Carolyn (M)</b> <b>2:30 BINGO (AL1)</b> 4:00 Rosary (C) <b>7:00 Country Classics Pub Night with Jay Franco (B)</b></p>	<p><b>9:15 Yoga w/ Rika (M) 26</b> 10:30 Mass (C) 1:30 Physio Exercises(AL1) <b>2:30 Ice Cream Sundae Bar (B)</b> 3:00 Physio Exercises(AL3)</p>	<p>9:30 Exercises (M) <b>27</b> 10:30 Mass (C) 1:00 Knitting Club (PD) <b>2:30 Birthday Party with Tony Puglisi (DR)</b> <b>3:30 Sing-Along w/ Sr. Christine (AL4)</b> 4:00 Rosary (C)</p>	<p>9:30 Exercises (M) <b>28</b> 10:30 Mass (C) <b>1:00 Baking w/ Jain (AL4)</b> 1:30 Physio Exercises (AL1) <b>2:00 Town Hall (DR)</b> <b>2:30 Ice Cream Bar (DR)</b> 2:45 Physio Exercises (AL3) <b>3:00 Happy Hour! (AL4)</b></p>	<p>9:30 Exercises (M) <b>29</b> 10:30 Mass (C) <b>2:30 BINGO (AL3)</b> <b>2:30 Music w/ Allen (AL4)</b> 4:00 Rosary (C) <b>7:00 BINGO (DR)</b></p>	<p>10:30 Mass (C) <b>30</b> 2:00 Word Games with Sr. Norma (AL3) 3:00 Word Games with Sr. Norma (AL2) <b>6:30 Movie Night (T): Yesterday</b></p>
<p>10:30 Mass (1, 2 &amp; AL) <b>31</b> 11:45 Mass (3, 4) <b>2:00 Movie Matinee (T): Yesterday</b></p>						<p><b>Accessible Bus Trip – Edwards Garden – 1:30pm</b></p>

BY – Back Yard B – Bistro C - Chapel DR – Dining Room F – Fitness Centre GR – Games Room L – Library M – Multipurpose Room PD – Private Dining Room T – Theatre