

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>Reflections Memory Care</b> 	10:15 Calendar Update <b>1</b> 11:00 Morning Stretch 12:30 Mindful Montessori <b>1:00 Let's Bake!</b> 2:00 Coffee & Conversation 2:30 Puzzles 3:00 Table Top Games	11:00 Calendar Update <b>2</b> 11:15 Music and Memories <b>12:30 ABBY Board</b>  <b>1:00 Colouring Group</b> 2:00 Afternoon Exercises 2:30 Coffee & Conversation <b>3:00 Glamour Hour</b>	10:15 Calendar Update <b>3</b> <b>11:00 Gracie the Dog Visits</b> <b>12:45 Balloon Toss</b> 1:15 Classic TV Favourites 2:00 Coffee & Conversation 2:30 Garden Visits <b>3:30 Sing-Along with Sr. Christine</b> 	10:00 Calendar Update <b>4</b> <b>10:30 Drum Circle w/ Gord</b> 11:00 One to One Visits 12:45 Water the Garden! <b>1:00 4<sup>th</sup> Floor Bakery</b> 2:15 Afternoon Exercises <b>3:00 Happy Hour!</b> 	11:00 Calendar Update <b>5</b> 11:15 Morning Stretch 12:30 Puzzles 1:00 Neighbourhood Strolls 1:30 Mindful Montessori 2:00 Coffee & Conversation <b>2:30 Sing-Along with Allen</b> 	11:00 YouTube Videos <b>6</b> 1:30 Tabletop Activities 2:00 Resident Walking <b>3:00 ABBY Board</b>	
11:00 Video Concert <b>7</b> <b>1:00 ABBY Board</b> 2:00 Resident Walking <b>3:00 Sing-Along with Sr. Christine</b> 	10:15 Calendar Update <b>8</b> 11:00 Morning Stretch 12:30 Your Favourite Songs <b>1:00 Let's Bake!</b> 2:00 Coffee & Conversation <b>2:30 Card Bingo</b> <b>3:00 Kelly Walker Live Concert (DR)</b>	11:00 Calendar Update <b>9</b> 11:15 Music and Memories 12:30 ABBY Board <b>1:00 Arts &amp; Crafts</b> 2:00 Afternoon Exercises 2:30 Coffee & Conversation <b>3:00 Glamour Hour</b>	10:15 Calendar Update <b>10</b> <b>11:00 Gracie the Dog Visits</b> <b>12:45 Bowling!</b> 1:15 Afternoon Movie 2:00 Coffee & Conversation 2:30 Garden Visits <b>3:30 Sing-Along with Sr. Christine</b> 	10:00 Calendar Update <b>11</b> <b>10:30 Drum Circle w/Jain</b> 11:00 One to One Visits 12:45 Water the Garden! <b>1:00 4<sup>th</sup> Floor Bakery</b> 2:15 Afternoon Exercises <b>3:00 Happy Hour!</b> 	11:00 Calendar Update <b>12</b> 11:15 Morning Stretch 12:30 Table Top Games 1:00 Neighbourhood Strolls 1:30 Mindful Montessori 2:00 Coffee & Conversation <b>2:30 Sing-Along with Allen</b> 	11:00 YouTube Videos <b>13</b> 1:30 Tabletop Activities 2:00 Resident Walking <b>3:00 ABBY Board</b> 	
11:00 Video Concert <b>14</b> <b>1:00 ABBY Board</b> 2:00 Resident Walking <b>3:00 Sing-Along with Sr. Christine</b> 	10:15 Calendar Update <b>15</b> 11:00 Morning Stretch 12:30 Folding and Sorting <b>1:00 Let's Bake!</b> 2:00 Coffee & Conversation 2:30 Word Search Group 3:00 Puzzles 	11:00 Calendar Update <b>16</b> 11:15 Music and Memories 12:30 ABBY Board <b>1:00 Sticker Crafts</b> 2:00 Afternoon Exercises 2:30 Coffee & Conversation <b>3:00 Glamour Hour</b>	10:15 Calendar Update <b>17</b> <b>11:00 Gracie the Dog Visits</b> <b>12:45 Ring Toss</b> 1:15 Classic TV Favourites 2:00 Coffee & Conversation <b>2:30 Happy Hour &amp; Sing Along (DR)</b> <b>3:30 Sing-Along with Sr. Christine</b>	10:00 Calendar Update <b>18</b> <b>10:30 Drum Circle w/Jain</b> 11:00 One to One Visits 12:45 Water the Garden! <b>1:00 4<sup>th</sup> Floor Bakery</b> 2:15 Afternoon Exercises <b>3:00 Happy Hour!</b> 	11:00 Calendar Update <b>19</b> 11:15 Morning Stretch 12:30 Puzzles 1:00 Neighbourhood Strolls 1:30 Mindful Montessori 2:00 Coffee & Conversation <b>2:30 Sing-Along with Allen</b> 	11:00 YouTube Videos <b>20</b> 1:30 Tabletop Activities 2:00 Resident Walking <b>3:00 ABBY Board</b> 	
11:00 Video Concert <b>21</b> <b>1:00 ABBY Board</b> 2:00 Resident Walking <b>3:00 Sing-Along with Sr. Christine</b>	10:15 Calendar Update <b>22</b> 11:00 Morning Stretch 12:30 Your Favourite Songs <b>1:00 Let's Bake!</b> 2:00 Coffee & Conversation <b>2:30 Card Bingo</b> <b>7:00 Pub Night with Dave Rowan (B)</b>	11:00 Calendar Update <b>23</b> 11:15 Music and Memories <b>12:30 ABBY Board</b> <b>1:00 Jewelry Making</b> 2:00 Afternoon Exercises 2:30 Coffee & Conversation <b>3:00 Glamour Hour</b> 	10:15 Calendar Update <b>24</b> <b>11:00 Gracie the Dog Visits</b> <b>12:45 Ball Toss</b> 1:15 Afternoon Movie 2:00 Coffee & Conversation 2:30 Garden Visits <b>3:30 Sing-Along with Sr. Christine</b> 	10:00 Calendar Update <b>25</b> <b>10:30 Drum Circle w/ Gord</b> 11:00 One to One Visits 12:45 Water the Garden! <b>1:00 4<sup>th</sup> Floor Bakery</b> 2:15 Afternoon Exercises <b>3:00 Happy Hour!</b> 	11:00 Calendar Update <b>26</b> 11:15 Morning Stretch 12:30 Table Top Games 1:00 Neighbourhood Strolls 1:30 Mindful Montessori 2:00 Coffee & Conversation <b>2:30 Sing-Along with Allen</b> 	11:00 YouTube Videos <b>27</b> 1:30 Tabletop Activities <b>2:00-4:00 Summer BBQ (BY)</b> 	
11:00 Video Concert <b>28</b> <b>1:00 ABBY Board</b> 2:00 Resident Walking <b>3:00 Sing-Along with Sr. Christine</b> 	10:15 Calendar Update <b>29</b> 11:00 Morning Stretch 12:30 Mindful Montessori <b>1:00 Let's Bake!</b> 2:00 Coffee & Conversation 2:30 Story Telling 3:00 Fun with Numbers	11:00 Calendar Update <b>30</b> 11:15 Music and Memories <b>12:30 ABBY Board</b> <b>1:00 Colouring</b>  2:00 Afternoon Exercises 2:30 Coffee & Conversation <b>3:00 Glamour Hour</b>	10:15 Calendar Update <b>31</b> <b>11:00 Gracie the Dog Visits</b> <b>12:45 Bean Bag Toss</b> 1:15 Classic TV Favourites 2:00 Coffee & Conversation <b>2:30 Birthday Party (DR)</b> <b>3:30 Sing-Along with Sr. Christine</b>				

8:30am Breakfast

10:30am Televised Mass

11:30am Lunch

4:45pm Dinner

12:30pm Quiet Time