


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Exercises (M) 1 10:30 Mass (C) 1:00 Baking w/ Jain (AL4) 2:30 BINGO (AL1) 4:00 Rosary (C) Civic Holiday	9:15 Slow Flow Fitness 2 w/ Rika (M) 10:30 Mass (C) 1:00 Colouring Group(AL4) 1:30 Physio Exercises(AL1) 2:00 Dominoes (GR) 2:00 SAGE Group (PD) 3:00 Physio Exercises(AL3)	9:30 Exercises (F) 3 10:30 Mass (C) 1:00 Knitting Club (PD) 2:30 Watermelon Happy Hour (B) 3:30 Sing-Along with Sr. Christine 4:00 Rosary (C)	9:30 Exercises (M) 4 10:30 Mass (C) 10:30 Drum Circle (AL4) 1:00 Baking w/ Jain (AL4) 1:30 Physio Exercises (AL1) 1:30 Pilates w/ Carolyn (M) 2:30 Ice Cream Bar (DR) 2:45 Physio Exercises (AL3) 3:00 Happy Hour! (AL4)	9:30 Exercises (M) 5 10:30 Mass (C) 1:00 Tapestry Opera Box Concert (BY) 2:30 Dancercise Class (M) 2:30 BINGO (AL3) 2:30 Music w/ Allen (AL4) 4:00 Rosary (C) 7:00 BINGO (DR)	10:30 Mass (C) 6 2:00 Word Games with Sr. Norma (AL3) 3:00 Word Games with Sr. Norma (AL2) 6:30 Movie Night (T): Snow White
10:30 Mass (1, 2 & AL) 7 11:45 Mass (3, 4) 2:00 Movie Matinee (T): Snow White 3:00 Sing w/ Christine (AL4)	9:30 Exercises (M) 8 10:30 Mass (C) 1:00 Baking w/ Jain (AL4) 2:30 Pilates w/ Carolyn (M) 2:30 BINGO (AL1) 3:00 Kelly Walker Live Concert (DR) 4:00 Rosary (C) 7:00 Trivia Night (B)	9:15 Slow Flow Fitness 9 w/ Rika (M) 10:30 Mass (C) 1:00 Arts & Crafts (AL4) 1:30 Physio Exercises(AL1) 2:00 Dominoes (GR) 3:00 Physio Exercises(AL3) 3:00 Care-Rx In-Service: Hydration	9:30 Exercises (F) 10 10:30 Mass (C) 1:00 Knitting Club (PD) 2:30 Happy Hour & Trivia with Bremen (B) 3:30 Sing-Along with Sr. Christine 4:00 Rosary (C)	9:30 Exercises (M) 11 10:30 Mass (C) 10:30 Drum Circle (AL4) 1:00 Baking w/ Jain (AL4) 1:30 Physio Exercises (AL1) 2:30 Ice Cream Bar (B) 2:45 Physio Exercises (AL3) 3:00 Happy Hour! (AL4)	9:30 Exercises (M) 12 10:30 Mass (C) 2:30 Dancercise Class (M) 2:30 BINGO (AL3) 2:30 Music w/ Allen (AL4) 4:00 Rosary (C) 7:00 BINGO (DR)	10:30 Mass (C) 13 2:00 Word Games with Sr. Norma (AL3) 3:00 Word Games with Sr. Norma (AL2) 6:30 Movie Night (T): The Boy in the Striped Pajamas
10:30 Mass (1, 2 & AL) 14 11:45 Mass (3, 4) 2:00 Movie Matinee (T): The Boy in the Striped Pajamas 3:00 Sing w/ Christine (AL4)	9:30 Exercises (M) 15 10:30 Mass (C) 1:00 Baking w/ Jain (AL4) 2:30 BINGO (AL1) 4:00 Rosary (C)	9:15 Slow Flow Fitness 16 w/ Rika (F) 10:30 Mass (C) 1:00 Sticker Crafts (AL4) 1:30 Physio Exercises(AL1) 2:00 Dominoes (GR) 2:00 SAGE Group (PD) 3:00 Physio Exercises(AL3)	9:30 Exercises (F) 17 10:30 Mass (C) 1:00 Knitting Club (PD) 2:30 Happy Hour & Sing-Along with Edie (B) 3:30 Sing-Along with Sr. Christine 4:00 Rosary (C) 7:00 SUPER BINGO (DR)	9:30 Exercises (M) 18 10:30 Mass (C) 10:30 Drum Circle (AL4) 1:00 Baking w/ Jain (AL4) 1:30 Physio Exercises (AL1) 2:30 Ice Cream Bar (B) 2:45 Physio Exercises (AL3) 3:00 Happy Hour! (AL4)	9:30 Exercises (M) 19 10:30 Mass (C) 2:30 Dancercise Class (M) 2:30 BINGO (AL3) 2:30 Music w/ Allen (AL4) 4:00 Rosary (C) 7:00 BINGO (DR)	10:30 Mass (C) 20 2:00 Word Games with Sr. Norma (AL3) 3:00 Word Games with Sr. Norma (AL2) 6:30 Movie Night (T): One Night in the Tropics
10:30 Mass (1, 2 & AL) 21 11:45 Mass (3, 4) 2:00 Movie Matinee (T): One Night in the Tropics 3:00 Sing w/ Christine (AL4)	9:30 Exercises (M) 22 10:30 Mass (C) 1:00 Baking w/ Jain (AL4) 2:30 Pilates w/ Carolyn (M) 2:30 BINGO (AL1) 4:00 Rosary (C) 7:00 Pub Night with Dave Rowan (B)	9:15 Slow Flow Fitness 23 w/ Rika (M) 10:30 Mass (C) 1:00 Jewelry Making (AL4) 1:30 Physio Exercises(AL1) 2:00 Dominoes (GR) 3:00 Physio Exercises(AL3)	9:30 Exercises (F) 24 10:30 Mass (C) 1:00 Knitting Club (PD) 2:00 Cooking Class w/ Saif and Liz (PD) 2:30 Happy Hour (B) 3:30 Sing-Along with Sr. Christine 4:00 Rosary (C)	9:30 Exercises (M) 25 10:30 Mass (C) 10:30 Drum Circle (AL4) 1:00 Baking w/ Jain (AL4) 1:30 Physio Exercises (AL1) 1:30 Pilates w/ Carolyn (M) 2:00 Town Hall (DR) 2:30 Ice Cream Bar (DR) 2:45 Physio Exercises (AL3) 3:00 Happy Hour! (AL4)	9:30 Exercises (M) 26 10:30 Mass (C) 2:30 Dancercise Class (M) 2:30 BINGO (AL3) 2:30 Music w/ Allen (AL4) 4:00 Rosary (C) 7:00 BINGO (DR) -BUS TRIP-	10:30 Mass (C) 27 2:00 – 4:00 – Summer BBQ with Music by Island Accent (BY) 6:30 Movie Night (T): News of the World
10:30 Mass (1, 2 & AL) 28 11:45 Mass (3, 4) 2:00 Movie Matinee (T): News of the World 3:00 Sing w/ Christine (AL4)	9:30 Exercises (M) 29 10:30 Mass (C) 1:00 Baking w/ Jain (AL4) 2:30 Pilates w/ Carolyn (M) 2:30 BINGO (AL1) 4:00 Rosary (C)	9:15 Slow Flow Fitness 30 w/ Rika (M) 10:30 Mass (C) 1:00 Colouring Group (AL4) 1:30 Physio Exercises(AL1) 2:00 Dominoes (GR) 2:30 Sundae Bar (B) 3:00 Physio Exercises(AL3)	9:30 Exercises (F) 31 10:30 Mass (C) 1:00 Knitting Club (PD) 2:30 Birthday Party (DR) 3:30 Sing-Along with Sr. Christine 4:00 Rosary (C)			

BY – Back Yard B – Bistro C – Chapel DR – Dining Room F – Fitness Centre GR – Games Room L – Library M – Multipurpose Room PD – Private Dining Room T - Theatre