Sunday Monday Tuesday Wednesday Thursday Friday Saturday 10:30 Mass (C) 6:30 Movie Night (T): The April 2023 Dam Busters **Assisted Living Recreation Calendar** April Fools' Day **6** 9:30 Exercises (M) 3 9:30 Slow Flow Fitness (M) 4 9:30 Exercises (M) **5** 9:30 Exercises (M) 0:30 Mass (1, 2 & AL) **2** 9:30 Exercises (M) **7** 6:30 Movie Night (T): 10:30 Mass (C) 10:30 Mass (C) 10:30 Mass (C) 1:45 Mass (3, 4) 10:30 Mass (C) 10:30 Mass (C) The Camino Voyage 2:00 SAGE Group (PD) 2:30 Music with Allen (AL4) 2:00 Physio Exercises (AL1) 1:00 Knitting Club (PD) 2:00 Movie Matinee (T): The 2:30 Pilates w/ Carolyn (M) 7:00 Holy Saturday Mass 2:00 Physio Exercises (AL1) 3:00 Good Friday Mass (C) 2:30 Happy Hour (B) 2:30 Ice Cream Bar (B) Dam Busters 2:30 BINGO (AL1) 3:00 The Passion of the Lord 4:00 Rosary (C) **3:00 Happy Hour! (AL4)** 7:00 Centering Prayer (PD) 3:30 Sing-Along with Sr. 4:00 Rosary (C) according to Matthew's Gospel Christine (AL4) 3:30 Physio Exercises (AL3) 7:00 Holy Thursday Mass (C) 4:00 Rosary (C) 3:30 Physio Exercises (AL3) *No BINGO at 7:00pm Good Friday Palm Sunday Passover Begins **12** 9:30 Exercises (M) **13** 9:30 Exercises (M) **10** 9:30 Slow Flow Fitness (F) **11** 9:30 Exercises (M) 0:30 Mass (1, 2 & AL) **9** 9:30 Exercises (M) **14**|10:30 Mass with 10:30 Mass (C) 10:30 Mass (C) 1:45 Mass (3, 4) 10:30 Mass (C) 10:30 Mass (C) 10:30 Mass (C) Archbishop Francis Leo 2:00 Movie Matinee (T): The | 2:30 Pilates w/ Carolyn (M) | 2:00 Physio Exercises (AL1) 1:00 Knitting Club (PD) 2:00 Physio Exercises (AL1) 2:30 Music with Allen (AL4) 2:30 Happy Hour & Sing-2:30 Ice Cream Bar (B) 2:30 Multicultural Fair (GR) Camino Voyage 2:30 BINGO (AL3) 2:30 BINGO (AL1) 6:30 Movie Night (T): 4:00 Japanese Mass with John 4:00 Rosary (C) Along with Edie (DR) **3:00 Happy Hour! (AL4)** 3:30 Physio Exercises (AL3) 2:30 Pilates w/ Carolyn (M) Secretariat 3:30 Physio Exercises (AL3) 3:30 Sing-Along with Sr. Carten, SFM (C) 4:00 Rosary (C) 6:30 Peter's Euchre (GR) **Christine (AL4) Toronto Blue Javs Home** 7:00 BINGO (DR) 4:00 Rosary (C) **Opener – 7:07pm** Easter Sunday **19** 9:30 Exercises (M) **20** 9:30 Exercises (M) **17** 9:30 Slow Flow Fitness (M) **18** 9:30 Exercises (M) 10:30 Mass (1, 2 & AL) **16** 9:30 Exercises (M) **21** 10:30 Mass (C) 10:30 Mass (C) 0:30 Mass (C) 10:30 Mass (C) 1:45 Mass (3, 4) 10:30 Mass (C) 10:30 Mass (C) 6:30 Movie Night (T): The 2:00 Physio Exercises (AL1) 2:00 BINGO (AL3) 1:00 Knitting Club (PD) 1:30 – 4:00 Hands On Exotics 2:00 Movie Matinee (T): 2:30 Pilates w/ Carolyn (M) Intern 2:30 Ice Cream Bar (B) 2:30 Music with Allen (AL4) 2:30 Happy Hour (B) Visit (AL 2 & 4) Secretariat 2:30 BINGO (AL1) 3:00 South Sudan: A Gift of the 2:30 Pilates w/ Carolyn (M) 2:00 Physio Exercises (AL1) 3:30 Sing-Along with Sr. 7:00 Centering Prayer (PD) 4:00 Rosary (C) Nile with Barbara Paleczny (C) 4:00 Rosary (C) Christine (AL4) 2:00 SAGE Group (PD) 7:30 Varsity Singers Choir (DR) 3:00 Happy Hour! (AL4) 4:00 Rosary (C) 3:30 Physio Exercises (AL3) 3:30 Physio Exercises (AL3) 7:00 SUPER BINGO! (DR) Earth Day **26** 9:30 Exercises (M) **27** 9:30 Exercises (M) **23** 9:30 Exercises (M) **24** 9:30 Slow Flow Fitness (M) **25** 9:30 Exercises (M) **28** 10:30 Mass (C) 0:30 Mass (1, 2 & AL) 10:30 Mass (C) 10:30 Mass (C) 10:30 Mass (C) 10:30 Mass (C) 1:45 Mass (3, 4) 10:30 Mass (C) 6:30 Movie Night (T): The 2:00 Movie Matinee (T): The |2:30 Pilates w/ Carolyn (M) 2:00 Physio Exercises (AL1) 1:00 Knitting Club (PD) 2:00 Physio Exercises (AL1) 2:30 Music with Allen (AL4) **Best Exotic Marigold** 2:00 Paint n' Sip Class with 2:30 Birthday Party with 2:00 Town Hall (C) 2:30 BINGO (AL3) Intern 2:30 BINGO (AL1) Hotel Dira (GR) Michael Danckert (DR) 3:00 Ice Cream Bar (DR) 2:30 Pilates w/ Carolyn (M) 7:00 Centering Prayer (PD) 4:00 Rosary (C) 3:30 Sing-Along with Sr. **3:00 Happy Hour! (AL4)** 3:00 Wine Tasting (PD) 4:00 Rosary (C) 7:00 Pub Night with Dave 3:30 Physio Exercises (AL3) **Christine (AL4)** 3:30 Physio Exercises (AL3) 7:00 BINGO (DR) 4:00 Rosary (C) Rowan (B) Arbor Dav 0:30 Mass (1, 2 & AL) 30 **Virtual Reality Visit - AL4:** 1:45 Mass (3, 4) 2:00 Movie Matinee (T): The April 03 – 2 - 4pm **Gracie the Dog Visits – Wednesday 11-12pm** Best Exotic Marigold Hotel April 10 – 2 - 4pm 7:00 Centering Prayer (PD) April 19 – 2 - 4pm Solei the Dog Visits - Saturday 10:45-11:45am April 24 – 2 - 4pm M – Multipurpose Room DR – Dining Room F – Fitness Centre GR – Games Room L – Library B - Bistro C - Chapel PD – Private Dining Room