



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Therapeutic Paws Visits: Gracie the Dog – Wednesday 11-12pm Solei the Dog – Saturday 10:45-11:45am	9:30 Exercises (M) 1 10:30 Mass (C) 2:00 Open Meeting: Residents Council Information Session (M) 2:30 Pilates w/ Carolyn (F) 2:30 BINGO (AL1) 4:00 Rosary (C) <small>May Day</small>	9:30 Slow Flow Fitness (F) 2 10:30 Mass (C) 1:30 Drop-in Music & Movement (M) 2:00 SAGE Group (PD) 2:30 Physio Exercises (F) 3:00 Bridge (GR) 6:30 Peter’s Euchre (GR) 7:00 AbZolutely Choir (DR)	9:30 Exercises (M) 3 10:30 Mass (C) 1:00 Knitting Club (PD) 2:30 Strawberry Social (B) 4:00 Rosary (C)	9:30 Exercises (M) 4 10:30 Mass (C) 2:30 Ice Cream Bar (B) 2:30 Physio Exercises (F) 3:30 Tech Hour (GR) 6:30 Peter’s Euchre (GR)	9:30 Exercises (M) 5 10:30 Mass (C) 1:45 Bridge (GR) <i>*No 2:30 Bingo today!</i> 2:30 Cinco de Mayo Celebration (B) 2:30 Music with Allen (AL4) 4:00 Rosary (C) 7:00 BINGO (DR) <small>Cinco de Mayo</small>	10:30 Mass (C) 6 6:30 Movie Night (T): The Second Best Exotic Marigold Hotel 6:30 Peter’s Euchre (GR)
10:30 Mass (1, 2 & AL) 7 11:45 Mass (3, 4) 2:00 Movie Matinee (T): The Second Best Exotic Marigold Hotel 7:00 Centering Prayer (PD)	9:30 Exercises (M) 8 10:30 Mass (C) 2:30 Pilates w/ Carolyn (M) 2:30 BINGO (AL1) 4:00 Rosary (C)	9:30 Slow Flow Fitness (F) 9 10:30 Mass (C) 1:30 Drop-in Music & Movement (M) 2:30 Physio Exercises (F) 3:00 Bridge (GR) 3:00 Wine Tasting (PD) 6:30 Peter’s Euchre (GR)	9:30 Exercises (M) 10 10:30 Mass (C) 1:00 Knitting Club (PD) 2:30 Spring Fling with the Sparklettes (DR) 4:00 Rosary (C) 7:00 SUPER BINGO (DR)	9:30 Exercises (M) 11 10:30 Mass (C) 2:30 Ice Cream Bar (B) 2:30 Physio Exercises (F) 3:30 Tech Hour (GR) 6:30 Peter’s Euchre (GR)	9:30 Exercises (M) 12 10:30 Mass (C) 1:45 Bridge (GR) 2:30 Music with Allen (AL4) 2:30 BINGO (AL3) 4:00 Rosary (C) 7:00 BINGO (DR)	10:30 Mass (C) 13 6:30 Movie Night (T): Mother’s Day 6:30 Peter’s Euchre (GR)
10:30 Mass (1, 2 & AL) 14 11:45 Mass (3, 4) 2:00 Movie Matinee (T): Mother’s Day 2:30 Mother’s Day Concert with Little Black Dress (DR) 7:00 Centering Prayer (PD) <small>Mother’s Day National Skilled Nursing Week</small>	9:30 Exercises (M) 15 10:30 Mass (C) 2:00 Open Meeting: Residents Council Nominations/Voting (M) 2:30 Pilates w/ Carolyn (F) 2:30 BINGO (AL1) 4:00 Rosary (C)	9:30 Slow Flow Fitness (F) 16 10:30 Mass (C) 1:30 Drop-in Music & Movement (M) 2:00 SAGE Group (PD) 2:30 Physio Exercises (F) 3:00 Bridge (GR) 6:30 Peter’s Euchre (GR)	9:30 Exercises (M) 17 10:30 Mass (C) 1:00 Knitting Club (PD) 2:30 Happy Hour & Sing-Along with Edie (DR) 4:00 Rosary (C)	9:30 Exercises (M) 18 10:30 Mass (C) 2:30 Ice Cream Bar (B) 2:30 Physio Exercises (F) 3:30 Tech Hour (GR) 6:30 Peter’s Euchre (GR)	9:30 Exercises (M) 19 10:30 Mass (C) 1:45 Bridge (GR) 2:30 Music with Allen (AL4) 2:30 BINGO (AL3) 3:00 CareRx In-Service (T) 4:00 Rosary (C) 7:00 BINGO (DR)	10:30 Mass (C) 20 2:00 Outing to Scarborough Theatre: GODSPELL 6:30 Movie Night (T): The Greatest Game Ever Played 6:30 Peter’s Euchre (GR) <small>Armed Forces Day</small>
10:30 Mass (1, 2 & AL) 21 11:45 Mass (3, 4) 2:00 Movie Matinee (T): The Greatest Game Ever Played 7:00 Centering Prayer (PD)	9:30 Exercises (M) 22 10:30 Mass (C) 2:30 Pilates w/ Carolyn (M) 2:30 BINGO (AL1) 4:00 Rosary (C) <small>Victoria Day (Canada)</small>	9:30 Slow Flow Fitness (F) 23 10:30 Mass (C) 1:30 Drop-in Music & Movement (M) 2:00 Paint n’ Sip Class with Dira (GR) 2:30 Physio Exercises (F) 3:00 Bridge (L) 6:30 Peter’s Euchre (GR)	9:30 Exercises (M) 24 10:30 Mass (C) 1:00 Knitting Club (PD) 2:30 Birthday Party with Filipa Sousa (DR) 4:00 Rosary (C)	9:30 Exercises (M) 25 10:30 Mass (C) 2:00 Town Hall (C) 2:30 Physio Exercises (F) 3:00 Ice Cream Bar (DR) 3:30 Tech Hour (GR) 6:30 Peter’s Euchre (GR) <small>Shavuot Begins</small>	9:30 Exercises (M) 26 10:30 Mass (C) 1:45 Bridge (GR) 2:30 Music with Allen (AL4) 2:30 BINGO (AL3) 4:00 Rosary (C) 7:00 BINGO (DR)	10:30 Mass (C) 27 6:30 Movie Night (T): On A Clear Day 6:30 Peter’s Euchre (GR)
10:30 Mass (1, 2 & AL) 28 11:45 Mass (3, 4) 2:00 Movie Matinee (T): On A Clear Day 7:00 Centering Prayer (PD)	9:30 Exercises (M) 29 10:30 Mass (C) 2:30 Pilates w/ Carolyn (M) 2:30 BINGO (AL1) 4:00 Rosary (C) 7:00 Pub Night with Dave Rowan (B) <small>Memorial Day</small>	9:30 Slow Flow Fitness (F) 30 10:30 Mass (C) 1:30 Drop-in Music & Movement (M) 2:30 Physio Exercises (F) 3:00 Bridge (GR) 3:00 Acts of the Apostles Conference w/Fr. Rosica (C) 6:30 Peter’s Euchre (GR)	9:30 Exercises (M) 31 10:30 Mass (C) 1:00 Knitting Club (PD) 2:30 Happy Hour (B) 3:30 Vespers for the Feast of the Visitation of Mary (C)	<div>May 2023</div> <div>Recreation Calendar</div>		

B – Bistro C - Chapel DR – Dining Room F – Fitness Centre GR – Games Room L – Library M – Multipurpose Room PD – Private Dining Room T – Theatre